

LEVEL	UPPER	Track Events Start in Lane
REGION	MIDLAND	
DIVISION	South West A	
MATCH	4	
P/FINISH	YES	1

Date Sunday, September 05 2021

Venue RON JONES TRACK ABERDARE

Host Club Cardiff Athletics

Bib	Team Name	Abbrev.	Officials	Track1	Track2	Relays	Field	Total
1	Cardiff Athletics	Card		152.0	18.0	28.0	104.0	302.0
2	Cardiff Archers AC	C Arch		97.0	14.0	22.0	93.0	226.0
3	South Wales ©	S Wales		86.0	41.0	8.0	79.0	214.0
4	Swansea Harriers AC	Swan		112.0	16.0	20.0	199.0	347.0
5	West Wales ©	W Wales		148.0	44.0	31.0	101.0	324.0
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Posn	Team Name	Points	League	Men *	Women *	Total M	Total L	Standings
1	Swansea Harriers AC	347.0	5.0	207.00	140.00	347.0	5.0	1
2	West Wales ©	324.0	4.0	165.00	159.00	324.0	4.0	2
3	Cardiff Athletics	302.0	3.0	148.00	154.00	302.0	3.0	3
4	Cardiff Archers AC	226.0	2.0	87.00	139.00	226.0	2.0	4
5	South Wales ©	214.0	1.0	104.00	110.00	214.0	1.0	5
	* exclude officials points							

TOTAL EVENTS	76
NO COMPETITORS/EVENT CANCELLED/NMR	11
EVENT SCORED	65
REMAINING	-

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
100m U20 Men A

Posn	No.	Athlete	Club	Perf	AAA
				Wind	1.9
1	4	Thomas PAYNE (U20)	Swan	10.86	2
2	1	Aaron JOLLY (U20)	Card	10.96	2
3	3	Nathan SCOTT (U20)	S Wales	11.00	2
4	5	Tyree THOMPSON (U20)	W Wales	11.06	3
5	2	Oliver WATKINS (U20)	C Arch	11.58	
6					
7					
8					

100m U20 Men B

Posn	No.	Athlete	Club	Perf	AAA
				Wind	1.9
1	55	Harrison GARCIA (U17)	W Wales	11.69	
2	11	Ayomide ELUYERA (U20)	Card	11.81	
3	22	Ryan CLARK (U17)	C Arch	12.32	
4					
5					
6					
7					
8					

200m U20 Men A

Posn	No.	Athlete	Club	Perf	AAA
				Wind	01.40
1	1	Aaron JOLLY (U20)	Card	22.14	2
2	3	Nathan SCOTT (U20)	S Wales	22.48	3
3	5	Tyree THOMPSON (U20)	W Wales	22.57	3
4	2	Oliver WATKINS (U20)	C Arch	23.39	
5	44	Miles HILL (U20)	Swan	26.06	
6					
7					
8					

200m U20 Men B

Posn	No.	Athlete	Club	Perf	AAA
				Wind	01.40
1	55	Harrison WHEELER (U17)	W Wales	23.30	
2	11	Ayomide ELUYERA (U20)	Card	24.90	
3	4	Thomas PAYNE (U20)	Swan	DNF	
4					
5					
6					
7					
8					

400m U20 Men A

Posn	No.	Athlete	Club	Perf	AAA
1	1	David LOCKE (U20)	Card	49.74	2
2	5	Dafydd WATERS (U20)	W Wales	53.28	
3	4	Miles HILL (U20)	Swan	59.66	
4					
5					
6					
7					
8					

400m U20 Men B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

800m U20 Men A

Posn	No.	Athlete	Club	Perf	AAA
1	1	David LOCKE (U20)	Card	01:58.75	
2	5	Liam EDWARDS (U20)	W Wales	02:00.34	
3					
4					
5					
6					
7					
8					

800m U20 Men B

Posn	No.	Athlete	Club	Perf	AAA
1	11	Ben FARRELL (U17)	Card	02:09.45	
2	55	Callum CAMPION (U20)	W Wales	02:13.80	
3					
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6					
7					
8					

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
1500m U20 Men A

Posn	No.	Athlete	Club	Perf	AAA
1	5	Callum CAMPION (U20)	W Wales	04:24.97	
2	1	Oliver PRICE (U20)	Card	04:27.60	
3					
4					
5					
6					
7					
8					

1500m U20 Men B

Posn	No.	Athlete	Club	Perf	AAA
1	11	Ben DEMELLWEEK (U20)	Card	04:37.99	
2					
3					
4					
5					
6					
7					
8					

3000m U20 Men A

Posn	No.	Athlete	Club	Perf	AAA
1	3	Devin COOMBES (U20)	S Wales	09:21.02	
2	11	Rhys SIMMONDS (U20)	Card	10:08.03	
3					
4					
5					
6					
7					
8					

3000m U20 Men B

Posn	No.	Athlete	Club	Perf	AAA
1	1	Huw RILEY (U20)	Card	DNF	
2					
3					
4					
5					
6					
7					
8					

110m Hurdles U20 Men A

Posn	No.	Athlete	Club	Perf	AAA
1	5	Tyree THOMPSON (U20)	W Wales	14.72	2
2	4	Evan WILLIS (U20)	Swan	18.31	
3					
4					
5					
6					
7					
8					

110m Hurdles U20 Men B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

400m Hurdles U20 Men A

Posn	No.	Athlete	Club	Perf	AAA
1	98	No Competitors Declared			
2					
3					
4					
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6					
7					
8					

400m Hurdles U20 Men B

Posn	No.	Athlete	Club	Perf	AAA
1					
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6					
7					
8					

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
2000m s/c U20 Men A

Posn	No.	Athlete	Club	Perf	AAA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					

2000m s/c U20 Men B

Posn	No.	Athlete	Club	Perf	AAA
1					
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4					
5					
6					
7					
8					

Long Jump U20 Men A

Posn	Bib	Athlete	Club	Perf	AAA
1	4	Ryan PRICE (U20)	Swan	5.76 1.6	
2					
3					
4					
5					
6					
7					
8					

Long Jump U20 Men B

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

High Jump U20 Men A

Posn	Bib	Athlete	Club	Perf	AAA
1	4	Addam BOWLING (U20)	Swan	1.75	
2	1	Elliot LEWIS (U20)	Card	1.75	

High Jump U20 Men B

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					

Triple Jump U20 Men A

Posn	Bib	Athlete	Club	Perf	AAA
1	4	Ryan PRICE (U20)	Swan	12.07 0.0	
2					
3					
4					
5					
6					
7					
8					

Triple Jump U20 Men B

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
Pole Vault U20 Men A

Posn	Bib	Athlete	Club	Perf	AAA
1	4	William TROTT (U17)	Swan	4.50	
2	2	Efan HOOGENDOORN (U20)	C Arch	3.50	
3	5	Connor HANDFORD (U20)	W Wales	3.05	

Pole Vault U20 Men B

Posn	Bib	Athlete	Club	Perf	AAA
1	22	Ellis MAULLIN-DAVIES (U20)	C Arch	x	

Shot U20 Men A

Posn	Bib	Athlete	Club	Perf	AAA
1	4	Oscar DUN (U20)	Swan	12.52	3
2	1	Ben HILLMAN (U20)	Card	10.81	
3					
4					
5					
6					
7					
8					

Shot U20 Men B

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

Discus U20 Men A

Posn	Bib	Athlete	Club	Perf	AAA
1	5	Harry DAVIES (U20)	W Wales	49.53	1
2	4	Oscar DUN (U20)	Swan	40.24	3
3	1	Ben HILLMAN (U20)	Card	29.90	
4					
5					
6					
7					
8					

Discus U20 Men B

Posn	Bib	Athlete	Club	Perf	AAA
1	44	Joshua WILTON (U20)	Swan	39.13	3
2					
3					
4					
5					
6					
7					
8					

Hammer U20 Men A

Posn	Bib	Athlete	Club	Perf	AAA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					

Hammer U20 Men B

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
Javelin U20 Men A

Posn	Bib	Athlete	Club	Perf	AAA
1	4	Joshua WILTON (U20)	Swan	49.52	3
2					
3					
4					
5					
6					
7					
8					

Javelin U20 Men B

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

4 x 100m U20 Men A

Posn	No.	Runners	Club	Perf
1	5	Harrison GARCIA (U17), Callum CAMPION (U20), Liam EDWARDS (U20), Harrison WHEELER (U17)	W Wales	48.19
2	4	Dafydd KING (U17), Benjamin SULLIVAN (U17), Ryan PRICE (U20), Miles HILL (U20)	Swan	49.82
3	1	Iago PARISH (U17), Max DAVIES (U17), Ayomide ELUYERA (U20), David LOCKE (U20)	Card	DQ
4				
5				
6				
7				
8				

4 x 400m U20 Men A

Posn	No.	Runners	Club	Perf
1	5	Callum CAMPION (U20), Christian GARCIA (U17), Iwan WILSON (U17), Harrison WHEELER (U17)	W Wales	03:42.32
2	1	Ben HUGHES (U17), Oliver PRICE (U20), Rhys SIMMONDS (U20), David LOCKE (U20)	Card	03:43.64
3				
4				
5				
6				
7				
8				

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
100m U20 Women A

Posn	No.	Athlete	Club	Wind	Perf	AAA
				2.1		
1	4	Megan GWYTHYER (U17)	Swan		13.00	
2	55	Sophia REID-THOMAS (U17)	W Wales		13.06	
3	1	Kirsty LAW (U20)	Card		13.11	
4	3	Niamh O'BRIEN (U20)	S Wales		14.10	
5						
6						
7						
8						

100m U20 Women B

Posn	No.	Athlete	Club	Wind	Perf	AAA
				2.1		
1	5	Ellie LOWETH (U20)	W Wales		13.31	
2	11	Emily PENNY (U20)	Card		13.65	
3	44	Emily COLLINS (U20)	Swan		15.08	
4						
5						
6						
7						
8						

200m U20 Women A

Posn	No.	Athlete	Club	Wind	Perf	AAA
				00.10		
1	1	Gabby DICKINSON (U20)	Card		27.14	
2	3	Niamh O'BRIEN (U20)	S Wales		30.45	
3	5	Danielle WILLIAMS (U20)	W Wales		32.36	
4						
5						
6						
7						
8						

200m U20 Women B

Posn	No.	Athlete	Club	Wind	Perf	AAA
				00.10		
1	11	Kirsty LAW (U20)	Card		27.33	
2	33	Chloe PIGGOTT (U20)	S Wales		33.61	
3						
4						
5						
6						
7						
8						

400m U20 Women A

Posn	No.	Athlete	Club	Perf	AAA
1	3	Hannahlise BOLT (U20)	S Wales	62.73	
2					
3					
4					
5					
6					
7					
8					

400m U20 Women B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

800m U20 Women A

Posn	No.	Athlete	Club	Perf	AAA
1	3	Caitlyn ROBERTS (U20)	S Wales	02:40.63	
2	22	Rose PRENDERGAST (U17)	C Arch	02:43.49	
3	5	Danielle WILLIAMS (U20)	W Wales	02:54.63	
4					
5					
6					
7					
8					

800m U20 Women B

Posn	No.	Athlete	Club	Perf	AAA
1	2	Alanah HILL (U20)	C Arch	DNF	
2					
3					
4					
5					
6					
7					
8					

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
1500m U20 Women A

Posn	No.	Athlete	Club	Perf	AAA
1	3	Caitlyn ROBERTS (U20)	S Wales	05:31.22	
2	5	Danielle WILLIAMS (U20)	W Wales	05:52.58	
3					
4					
5					
6					
7					
8					

1500m U20 Women B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

3000m U20 Women A

Posn	No.	Athlete	Club	Perf	AAA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					

3000m U20 Women B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

100m Hurdles U20 Women A

Posn	No.	Athlete	Club	Perf	AAA	Wind
1	1	Gabby DICKINSON (U20)	Card	15.92		0.6
2	4	Carys POOLE (U20)	Swan	DNF		
3						
4						
5						
6						
7						
8						

100m Hurdles U20 Women B

Posn	No.	Athlete	Club	Perf	AAA	Wind
1						
2						
3						
4						
5						
6						
7						
8						

400m Hurdles U20 Women A

Posn	No.	Athlete	Club	Perf	AAA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					

400m Hurdles U20 Women B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
1500m s/c U20 Women A

Posn	No.	Athlete	Club	Perf	AAA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					

TD10 1500m s/c U20 Women B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

Long Jump U20 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	4	Carys POOLE (U20)	Swan	4.76 1.3	
2	2	Katie GILL (U17)	C Arch	4.52 0.7	
3					
4					
5					
6					
7					
8					

Long Jump U20 Women B

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

High Jump U20 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	4	Carys POOLE (U20)	Swan	1.45	

High Jump U20 Women B

Posn	Bib	Athlete	Club	Perf	AAA
1	44	Emily COLLINS (U20)	Swan	x	

Triple Jump U20 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	5	Beca ROBERTS (U20)	W Wales	11.34 1.6	2
2	1	Sadie GRAHAM-MULVANEY (L Card		10.20 1.3	
3	2	Jasmine HAYDEN (U17)	C Arch	9.27 1.3	
4					
5					
6					
7					
8					

Triple Jump U20 Women B

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
Pole Vault U20 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	98	No Competitors Declared			

Pole Vault U20 Women B

Posn	Bib	Athlete	Club	Perf	AAA

Shot U20 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	4	Emily COLLINS (U20)	Swan	7.64	
2					
3					
4					
5					
6					
7					
8					

Shot U20 Women B

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

Discus U20 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	1	Lily GREGSON (U20)	Card	28.31	
2	4	Lara SPACEY (U20)	Swan	13.97	
3					
4					
5					
6					
7					
8					

Discus U20 Women B

Posn	Bib	Athlete	Club	Perf	AAA
1	11	Lily GASKIN (U20)	Card	12.19	
2					
3					
4					
5					
6					
7					
8					

Hammer U20 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	4	Cassey GRIMWADE (U20)	Swan	44.23	3
2	5	Emma HAMES (U20)	W Wales	28.69	
3					
4					
5					
6					
7					
8					

Hammer U20 Women B

Posn	Bib	Athlete	Club	Perf	AAA
1	44	Lara SPACEY (U20)	Swan	37.22	
2					
3					
4					
5					
6					
7					
8					

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
Javelin U20 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	1	Lily GREGSON (U20)	Card	27.19	
2	4	Carys POOLE (U20)	Swan	21.71	
3					
4					
5					
6					
7					
8					

Javelin U20 Women B

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

4 x 100m U20 Women A

Posn	No.	Runners	Club	Perf
1	1	Emily PENNY (U20), Lily GASKIN (U20), Kirsty LAW (U20), Gabby DICKINSON (U20)	Card	53.28
2				
3				
4				
5				
6				
7				
8				

4 x 400m U20 Women A

Posn	No.	Runners	Club	Perf
1	98		No Compete	
2				
3				
4				
5				
6				
7				
8				

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
100m U17 Men A

Posn	No.	Athlete	Club	Perf	AAA
				Wind 1.9	
1	B	Callum WEBB (U17)	C Arch	10.95	1
2	A	Joshua STEPHENS (U17)	Card	11.70	4
3	D	Evan COLE (U17)	Swan	12.01	
4	E	Oni JACKSON (U17)	W Wales	12.90	
5	C	Jack O'BRIEN (U17)	S Wales	DNF	
6					
7					
8					

100m U17 Men B

Posn	No.	Athlete	Club	Perf	AAA
				Wind 1.8	
1	BB	Finley KEANE (U17)	C Arch	12.08	
2	EE	Ewan WILLIAMS (U17)	W Wales	13.46	
3	DD	Jacob DOWLING (U17)	Swan	13.73	
4					
5					
6					
7					
8					

200m U17 Men A

Posn	No.	Athlete	Club	Perf	AAA
				Wind 2.0	
1	E	Harrison GARCIA (U17)	W Wales	23.71	4
2	A	Joshua STEPHENS (U17)	Card	24.04	4
3	B	Sam NEALE (U17)	C Arch	24.46	
4	D	Oscar GOODWIN-THOMAS (U17)	Swan	26.07	
5	CC	Dylan GRONOW (U17)	S Wales	26.80	
6					
7					
8					

200m U17 Men B

Posn	No.	Athlete	Club	Perf	AAA
				Wind 02.90	
1	BB	Ryan CLARK (U17)	C Arch	25.14	
2	EE	Oni JACKSON (U17)	W Wales	26.82	
3	DD	Jacob DOWLING (U17)	Swan	28.15	
4					
5					
6					
7					
8					

400m U17 Men A

Posn	No.	Athlete	Club	Perf	AAA
1	A	Max DAVIES (U17)	Card	54.92	
2	E	Christian GARCIA (U17)	W Wales	54.93	
3	C	Evan HARRIS (U17)	S Wales	56.29	
4	D	Dafydd KING (U17)	Swan	56.56	
5					
6					
7					
8					

400m U17 Men B

Posn	No.	Athlete	Club	Perf	AAA
1	CC	Aidan JONES (U17)	S Wales	59.77	
2					
3					
4					
5					
6					
7					
8					

800m U17 Men A

Posn	No.	Athlete	Club	Perf	AAA
1	A	Ben HUGHES (U17)	Card	02:04.08	4
2	B	Loui CAMILLERI (U17)	C Arch	02:06.27	4
3	E	Iwan WILSON (U17)	W Wales	02:06.68	4
4	D	Matthew LEWIS (U17)	Swan	02:12.82	
5	CC	Leroy GRIFFITHS (U17)	S Wales	02:24.68	
6					
7					
8					

800m U17 Men B

Posn	No.	Athlete	Club	Perf	AAA
1	DD	Joshua PRITCHARD (U17)	Swan	02:20.06	
2	AA	Martin PEACOCK (U17)	Card	02:23.43	
3	C	Aidan JONES (U17)	S Wales	02:27.53	
4					
5					
6					
7					
8					

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
1500m U17 Men A

Posn	No.	Athlete	Club	Perf	AAA
1	E	Rhys LLEWELLYN (U17)	W Wales	04:22.47	
2	D	Benjamin SULLIVAN (U17)	Swan	04:36.95	
3	C	Dafydd PRATCHETT (U17)	S Wales	05:07.75	
4					
5					
6					
7					
8					

1500m U17 Men B

Posn	No.	Athlete	Club	Perf	AAA
1	EE	Thomas JONES (U17)	W Wales	04:34.14	
2	DD	Tesfaye SHUGI (U17)	Swan	04:55.37	
3	CC	Joshua MORGAN (U17)	S Wales	05:18.41	
4					
5					
6					
7					
8					

3000m U17 Men A

Posn	No.	Athlete	Club	Perf	AAA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					

3000m U17 Men B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

100m Hurdles U17 Men A

Posn	No.	Athlete	Club	Perf	AAA	Wind
1	E	Osian ROBERTS (U17)	W Wales	15.45		1.2
2	A	Iago PARISH (U17)	Card	15.45		
3	B	Iolo GRANT (U17)	C Arch	15.55		
4	D	Samuel DAVIES (U17)	Swan	15.68		
5						
6						
7						
8						

100m Hurdles U17 Men B

Posn	No.	Athlete	Club	Perf	AAA	Wind
1	DD	Evan COLE (U17)	Swan	15.93		1.2
2						
3						
4						
5						
6						
7						
8						

400m Hurdles U17 Men A

Posn	No.	Athlete	Club	Perf	AAA
1	D	Joseph BERESFORD (U17)	Swan	62.11	4
2	E	Christian GARCIA (U17)	W Wales	63.98	
3					
4					
5					
6					
7					
8					

400m Hurdles U17 Men B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
1500m s/c U17 Men A

Posn	No.	Athlete	Club	Perf	AAA
1	E	Jack THOMAS (U17)	W Wales	05:46.31	
2	C	Joshua MORGAN (U17)	S Wales	06:12.39	
3					
4					
5					
6					
7					
8					

1500m s/c U17 Men B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

Long Jump U17 Men A

Posn	Bib	Athlete	Club	Perf	AAA
1	B	Iolo GRANT (U17)	C Arch	6.03 3.5	3
2	A	Iago PARISH (U17)	Card	4.96 0.3	
3	E	Ewan WILLIAMS (U17)	W Wales	4.69 0.7	
4	C	Dylan GRONOW (U17)	S Wales	4.52 1.2	
5					
6					
7					
8					

Long Jump U17 Men B

Posn	Bib	Athlete	Club	Perf	AAA
1	CC	Zakk PUGH (U17)	S Wales	3.13 2.7	
2					
3					
4					
5					
6					
7					
8					

High Jump U17 Men A

Posn	Bib	Athlete	Club	Perf	AAA
1	B	Iolo GRANT (U17)	C Arch	1.80	
2	DD	Samuel DAVIES (U17)	Swan	1.70	

High Jump U17 Men B

Posn	Bib	Athlete	Club	Perf	AAA
1	D	Joseph BERESFORD (U17)	Swan	1.60	

Triple Jump U17 Men A

Posn	Bib	Athlete	Club	Perf	AAA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					

Triple Jump U17 Men B

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
Pole Vault U17 Men A

Posn	Bib	Athlete	Club	Perf	AAA
1	D	Harry NEWTON (U17)	Swan	3.50	
2	A	Aharon GRAHAM-MULVANEY	Card	3.50	

Pole Vault U17 Men B

Posn	Bib	Athlete	Club	Perf	AAA
1	DD	Dafydd KING (U17)	Swan	3.25	

Shot U17 Men A

Posn	Bib	Athlete	Club	Perf	AAA
1	D	Macsen HOLLAND (U17)	Swan	12.39	3
2	C	James HAYWARD (U17)	S Wales	10.84	4
3	B	Finley KEANE (U17)	C Arch	8.78	
4					
5					
6					
7					
8					

Shot U17 Men B

Posn	Bib	Athlete	Club	Perf	AAA
1	CC	Zakk PUGH (U17)	S Wales	6.56	
2					
3					
4					
5					
6					
7					
8					

Discus U17 Men A

Posn	Bib	Athlete	Club	Perf	AAA
1	A	Aharon GRAHAM-MULVANEY	Card	24.46	
2	B	Finley KEANE (U17)	C Arch	22.22	
3	C	James HAYWARD (U17)	S Wales	21.25	
4					
5					
6					
7					
8					

Discus U17 Men B

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

Hammer U17 Men A

Posn	Bib	Athlete	Club	Perf	AAA
1	C	Caleb RICHARDSON (U17)	S Wales	45.49	3
2	E	Sammy THOMAS (U17)	W Wales	41.07	4
3					
4					
5					
6					
7					
8					

Hammer U17 Men B

Posn	Bib	Athlete	Club	Perf	AAA
1	CC	James HAYWARD (U17)	S Wales	42.03	4
2					
3					
4					
5					
6					
7					
8					

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
Javelin U17 Men A

Posn	Bib	Athlete	Club	Perf	AAA
1	D	George SNAITH (U17)	Swan	43.86	3
2	CC	Jack O'BRIEN (U17)	S Wales	24.96	
3	A	Aharon GRAHAM-MULVANEY	Card	24.81	
4					
5					
6					
7					
8					

Javelin U17 Men B

Posn	Bib	Athlete	Club	Perf	AAA
1	DD	Tesfaye SHUGI (U17)	Swan	34.66	4
2					
3					
4					
5					
6					
7					
8					

4 x 100m U17 Men A

Posn	No.	Runners	Club	Perf
1	B	Iolo GRANT (U17), Callum WEBB (U17), Finley KEANE (U17), Sam NEALE (U17)	C Arch	45.62
2	D	Evan COLE (U17), Oscar GOODWIN-THOMAS (U17), Jacob DOWLING (U17), Joseph BERESFORD (U17)	Swan	50.35
3	E	Christian GARCIA (U17), Jack THOMAS (U17), Ewan WILLIAMS (U17), Iwan WILSON (U17)	W Wales	51.85
4	C	Aidan JONES (U17), James HAYWARD (U17), Dylan GRONOW (U17), Leroy GRIFFITHS (U17)	S Wales	53.78
5				
6				
7				
8				

4 x 400m U17 Men A

Posn	No.	Runners	Club	Perf
1	D	Benjamin SULLIVAN (U17), Dafydd KING (U17), Tesfaye SHUGI (U17), Matthew LEWIS (U17)	Swan	03:59.79
2				
3				
4				
5				
6				
7				
8				

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
100m U17 Women A

Posn	No.	Athlete	Club	Perf	AAA
			Wind	2.5	
1	B	Katie GILL (U17)	C Arch	13.38	
2	E	Carys PRICE (U17)	W Wales	13.51	
3	A	Francesca MORGAN (U17)	Card	13.53	
4	D	Katelyn THOMAS (U17)	Swan	13.64	
5	C	Sofia FOSCOLO (U17)	S Wales	14.04	
6					
7					
8					

100m U17 Women B

Posn	No.	Athlete	Club	Perf	AAA
			Wind	2.7	
1	DD	Chloe SIMMONITE (U17)	Swan	13.15	
2	BB	Sophie DAVIES (U17)	C Arch	13.35	
3	EE	Mia LUNN (U17)	W Wales	13.96	
4	CC	EMILY DOOGUE (U17)	S Wales	14.08	
5	AA	Louisa mair PENNY (U17)	Card	14.38	
6					
7					
8					

200m U17 Women A

Posn	No.	Athlete	Club	Perf	AAA
			Wind	00.10	
1	B	Isabella WIGLEY (U17)	C Arch	26.18	3
2	C	Kelise HAPPI (U17)	S Wales	27.17	
3	A	Millie WEBB (U17)	Card	27.31	
4	D	Chloe SIMMONITE (U17)	Swan	27.48	
5	E	Sarah WINSTONE (U17)	W Wales	30.48	
6					
7					
8					

200m U17 Women B

Posn	No.	Athlete	Club	Perf	AAA
			Wind	00.10	
1	BB	Katie GILL (U17)	C Arch	28.42	
2	EE	Amy TUCKER (U17)	W Wales	30.55	
3					
4					
5					
6					
7					
8					

300m U17 Women A

Posn	No.	Athlete	Club	Perf	AAA
			Club	Perf	AAA
1	A	Millie WEBB (U17)	Card	43.68	4
2	EE	Ffion OUSELEY (U17)	W Wales	47.68	
3					
4					
5					
6					
7					
8					

300m U17 Women B

Posn	No.	Athlete	Club	Perf	AAA
			Club	Perf	AAA
1	E	Amy TUCKER (U17)	W Wales	48.68	
2					
3					
4					
5					
6					
7					
8					

800m U17 Women A

Posn	No.	Athlete	Club	Perf	AAA
			Club <td>Perf</td> <td>AAA</td>	Perf	AAA
1	D	Tiffany REES (U17)	Swan	02:25.60	4
2	A	Yasmin HADID (U17)	Card	02:32.57	
3	B	Emily DENT (U17)	C Arch	02:38.20	
4	C	Abi JARVIS (U17)	S Wales	02:52.87	
5					
6					
7					
8					

800m U17 Women B

Posn	No.	Athlete	Club	Perf	AAA
			Club <td>Perf</td> <td>AAA</td>	Perf	AAA
1	AA	Freya HUGHES-ROLLS (U17)	Card	02:42.15	
2	CC	Jessica DAVIES (U17)	S Wales	02:55.76	
3					
4					
5					
6					
7					
8					

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
1500m U17 Women A

Posn	No.	Athlete	Club	Perf	AAA
1	B	Sophie KNOYLE (U17)	C Arch	05:01.30	
2	D	Ella DAVIES (U17)	Swan	05:09.30	
3	C	Nia REDDY (U17)	S Wales	05:37.81	
4					
5					
6					
7					
8					

1500m U17 Women B

Posn	No.	Athlete	Club	Perf	AAA
1	BB	Manon DAVIS (U17)	C Arch	05:39.83	
2					
3					
4					
5					
6					
7					
8					

3000m U17 Women A

Posn	No.	Athlete	Club	Perf	AAA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					

3000m U17 Women B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

80m Hurdles U17 Women A

Posn	No.	Athlete	Club	Perf	AAA	Wind
1	B	Sophie LISK (U17)	C Arch	11.68	1	1.9
2	D	Megan GWYTHYR (U17)	Swan	12.10	2	
3	E	Hannah FORKUOH (U17)	W Wales	13.08	4	
4						
5						
6						
7						
8						

80m Hurdles U17 Women B

Posn	No.	Athlete	Club	Perf	AAA	Wind
1	BB	Isabella WIGLEY (U17)	C Arch	12.11	3	1.9
2	DD	Freya MORGAN (U17)	Swan	13.03	4	
3	EE	Lleucu LLOYD (U17)	W Wales	13.50		
4						
5						
6						
7						
8						

300m Hurdles U17 Women A

Posn	No.	Athlete	Club	Perf	AAA
1	A	Francesca MORGAN (U17)	Card	51.07	
2	CC	Imogen FAHIYA (U17)	S Wales	54.27	
3					
4					
5					
6					
7					
8					

300m Hurdles U17 Women B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
1500m s/c U17 Women A

Posn	No.	Athlete	Club	Perf	AAA
1	E	Ffion OUSELEY (U17)	W Wales	06:32.03	
2	C	Nia REDDY (U17)	S Wales	06:37.00	
3					
4					
5					
6					
7					
8					

1500m s/c U17 Women B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

Long Jump U17 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	B	Isabella WIGLEY (U17)	C Arch	5.23 0.0	3
2	D	Sarah LYONS (U17)	Swan	5.14 1.3	3
3	E	Hannah FORKUOH (U17)	W Wales	4.85 1.1	4
4	C	EMILY DOOGUE (U17)	S Wales	4.06 3.0	
5					
6					
7					
8					

Long Jump U17 Women B

Posn	Bib	Athlete	Club	Perf	AAA
1	BB	Sophie DAVIES (U17)	C Arch	4.88 0.3	4
2	EE	Leia VOBE (U17)	W Wales	4.05 0.2	
3					
4					
5					
6					
7					
8					

High Jump U17 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	B	Sophie LISK (U17)	C Arch	1.50	4
2	EE	Mia LUNN (U17)	W Wales	1.45	
3	A	Megan HASTINGS (U17)	Card	1.45	

High Jump U17 Women B

Posn	Bib	Athlete	Club	Perf	AAA
1	BB	Sophie HARRIS (U17)	C Arch	1.40	
2	E	Carys PRICE (U17)	W Wales	1.35	
3	AA	May PEATE (U17)	Card	1.30	

Triple Jump U17 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	A	Francesca MORGAN (U17)	Card	9.79 0.7	4
2	BB	Sophie DAVIES (U17)	C Arch	9.65 1.3	4
3					
4					
5					
6					
7					
8					

Triple Jump U17 Women B

Posn	Bib	Athlete	Club	Perf	AAA
1	B	Sophie HARRIS (U17)	C Arch	9.28 1.0	
2					
3					
4					
5					
6					
7					
8					

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
Pole Vault U17 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	D	Millie CARTER (U17)	Swan	3.35	

Pole Vault U17 Women B

Posn	Bib	Athlete	Club	Perf	AAA
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Shot U17 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	A	Mia WILLIAMS (U17)	Card	9.44	4
2	EE	Megan COLE (U17)	W Wales	9.02	
3	B	Sophie LISK (U17)	C Arch	8.91	
4	D	Katie LAKE (U17)	Swan	8.89	
5	C	Janelle TAYLOR (U17)	S Wales	8.81	
6					
7					
8					

Shot U17 Women B

Posn	Bib	Athlete	Club	Perf	AAA
1	E	Jessica RAYMOND (U17)	W Wales	7.56	
2	BB	Sophie HARRIS (U17)	C Arch	7.05	
3	CC	Nia REDDY (U17)	S Wales	6.62	
4					
5					
6					
7					
8					

Discus U17 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	EE	Storm EVANS (U17)	W Wales	33.07	2
2	DD	Katie LAKE (U17)	Swan	24.44	4
3	A	Freya HUGHES-ROLLS (U17)	Card	21.82	
4	C	Tarian PHILLIPS (U17)	S Wales	17.72	
5					
6					
7					
8					

Discus U17 Women B

Posn	Bib	Athlete	Club	Perf	AAA
1	E	Jessica RAYMOND (U17)	W Wales	20.21	
2	CC	Janelle TAYLOR (U17)	S Wales	x	
3	D	Lucy HARRIS (U17)	Swan	x	
4					
5					
6					
7					
8					

Hammer U17 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	C	Abby BARNFIELD (U17)	S Wales	38.40	4
2	E	Mali LOADER (U17)	W Wales	34.57	4
3	D	Rebekah PRATT (U17)	Swan	32.64	4
4					
5					
6					
7					
8					

Hammer U17 Women B

Posn	Bib	Athlete	Club	Perf	AAA
1	CC	Janelle TAYLOR (U17)	S Wales	28.72	4
2					
3					
4					
5					
6					
7					
8					

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
05/09/2021
Javelin U17 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	E	Lleucu LLOYD (U17)	W Wales	42.54	1
2	DD	Rebekah PRATT (U17)	Swan	26.83	
3	A	Freya HUGHES-ROLLS (U17)	Card	23.18	
4	C	Jessica DAVIES (U17)	S Wales	17.43	
5					
6					
7					
8					

Javelin U17 Women B

Posn	Bib	Athlete	Club	Perf	AAA
1	D	Lucy HARRIS (U17)	Swan	26.00	
2	EE	Jessica RAYMOND (U17)	W Wales	23.41	
3					
4					
5					
6					
7					
8					

4 x 100m U17 Women A

Posn	No.	Runners	Club	Perf
1	B	Sophie LISK (U17), Sophie DAVIES (U17), Isabella WIGLEY (U17), Katie GILL (U17)	C Arch	50.59
2	A	Louisa mair PENNY (U17), May PEATE (U17), Yasmin HADID (U17), Millie WEBB (U17)	Card	55.14
3	E	Sarah WINSTONE (U17), Hannah FORKUOH (U17), Mia LUNN (U17), Carys PRICE (U17)	W Wales	55.47
4				
5				
6				
7				
8				

4 x 300m U17 Women A

Posn	No.	Runners	Club	Perf
1	A	Yasmin HADID (U17), Freya HUGHES-ROLLS (U17), Millie WEBB (U17), Francesca MORGAN (U17)	Card	03:04.83
2	B	Erin lucie WILLIAMS (U17), Sophie KNOYLE (U17), Emily DENT (U17), Manon DAVIS (U17)	C Arch	03:06.38
3	E	Lleucu LLOYD (U17), Hannah FORKUOH (U17), Ffion OUSELEY (U17), Amy TUCKER (U17)	W Wales	03:16.60
4	C	Nia REDDY (U17), Jessica DAVIES (U17), Ffion LIGHTFOOT (U17), Abi JARVIS (U17)	S Wales	03:19.86
5				
6				
7				
8				

UPPER MIDLAND South West A RON JONES TRACK ABERDARE

<u>BIB</u>	<u>athlete</u>	club	event	agegroup	Performance	Wind
564	Skye JENKINS PARTON	Cardiff AAC	100m	U20 Women	14.01	2.1
565	Sam NEALE	Cardiff Archers AC	100m	U17 Men	DNS	
575	Hannahlise BOLT	South Wales ©	200m	U20 Women	DNS	
566	Emily COLLINS	Swansea Harriers AC	Hammer	U20 Women	DNS	
567	Osian ROBERTS	West Wales ©	100m	U17 Men	11.77	1.8
569	Luca LOGUE-FONSECA	Cardiff AAC	200m	U20 Men	DNS	
570	Ewan WILLIAMS	West Wales ©	200m	U17 Men	29.21	2.9
571	Leia VOBE	West Wales ©	100m	U17 Women	14.46	2.7
573	Sarah WINSTONE	West Wales ©	100m	U17 Women	14.37	2.7