

YDL UPPER AGE GROUP LEAGUE RECORDS as at 7th September 2025

MEN u20 COMPETITION EVENTS

100m	Rio Mitcham	Birchfield Harriers	10.3	Nottingham	April 30th	2017
200m	Charlie Dobson	Shaftesbury Barnet Harriers	20.74	Reading	April 29th	2018
400m	Reuben Henry-Daire	Reading AC	47.91	Eton	June 27th	2021
800m	Theo Blundell	Birchfield Harriers	1:51.50	Birmingham	Sept 8th	2013
1500m	Josh Kerr	Team Edinburgh - Composite	3:48.30	Manchester	May 16th	2015
3000m	Abel Tsegay	Invicta's Paddock - composite	8:27.25	Ashford	June 29th	2014
110mH	Tre Thomas	Charnwood AC	13.6	Nottingham	May 27th	2018
400mH	Rayhan Mourtada	Blackheath & Bromley Harriers A.C.	51.88	Bromley	April 27th	2025
2000M S/C	Kristian Imroth	Shaftesbury Barnet Harriers	5:55.09	Reading	May 5th	2019
High Jump	Chris Kandu	Enfield & Haringey	2.14m	Bromley	June 2nd	2013
	Lionel Owona	Windsor, Slough, Eton & Hounslow	2.14m	Eton	July 25th	2021
Pole Vault	Adam Hague	City of Sheffield & Dearne A.C.	5.25m	Birmingham	Sept 6th	2015
Long Jump	Michael Causer	St. Helens Sutton A.C.	7.37m	Salford	June 2nd	2013
Triple Jump	Tito Odunaike	Marshall Milton Keynes	15.16m	Milton Keynes	July 6th	2025
Shot Put	Isaac Kambamba Delaney	Preston Harriers	18.04	Stretford	May 29th	2022
Discus	Nick Percy	Shaftesbury Barnet Harriers	60.75m	Basildon	April 28th	2013
Hammer	Jake Norris	Windsor, Slough, Eton & Hounslow	79.15m	Eton	July 1st	2018
Javelin	James Whiteaker	Blackheath & Bromley Harriers A.C.	73.40m	Norwich	April 30th	2017
4 x 100 Relay		Croydon Harriers	41.11	Croydon	May 28th	2017
4x400R mixed	NEW EVENT 2024	Wirral AC	3:36.26	Stretford	April 28th	2024
4 X 400 Relay	no longer in timetable	Rugby & Northampton A.C.	3:20.44	Manchester	Sept 3rd	2023

MEN u17 COMPETITION EVENTS

100m	Divine Iheme	Blackheath & Bromley Harriers A.C.	10.49	Eton	May 25th	2025
200m	Divine Iheme	Blackheath & Bromley Harriers A.C.	21.20	Eton	May 25th	2025
400m	Farrell Fabusiwa	Croydon Harriers	48.25	Woodford Green	April 27th	2025
800m	Ben Read	Wakefield District Harriers & A.C.	1:55.5	Stretford	June 29th	2014
	Elliot Savage	Sale Harriers	1:55.5	Leigh	July 25th	2021
1500m	Josh Kerr	Team Edinburgh - composite	3:56.70	Stretford	June 29th	2014
3000m	Will Barnicoat	Windsor, Slough, Eton & Hounslow	8:36.28	Reading	May 5th	2019
100mH	Tre Thomas	Charnwood AC	12.8	Banbury	May 1st	2016
400mH	Elijah Olaleye	Cambridge Harriers	52.76	Medway Park	July 6th	2025
1500m S/C	Toby Bawtree	Tonbridge AC	4:22.26	Crawley	June 30th	2014
High Jump	Sam Brereton	Team DC	2.10m	Cardiff	June 30th	2019
Pole Vault	Frankie Johnson	Bedford & County A.C.	4.80m	Bedford	June 26th	2016
Long Jump	Daniel Emegbor	Harrow AC	7.04m	Eton	May 25th	2025
Triple Jump	Harley Henry	Shaftesbury Barnet Harriers	14.72m	Hendon	July 6th	2025
Shot Put	Lewis Byng	Rugby & Northampton A.C.	18.26m	Bedford	Sept 9th	2018
Discus	James Tomlinson	West Wales	57.43m	Newport	May 29th	2016
Hammer	Jake Norris	Windsor, Slough, Eton & Hounslow	73.25m	Lee Valley	May 16th	2015
Javelin	George Davis	City of York A.C.	69.96m	Spinkhill	April 27th	2014
4 x 100 Relay		Shaftesbury Barnet Harriers	42.21	Bromley	June 25th	2023
4 X 400 Relay		Blackheath & Bromley Harriers A.C.	3:26.49	Birmingham	Sept 7th	2014

WOMEN u20 COMPETITION EVENTS

100m	Dina Asher-Smith	Blackheath & Bromley Harriers A.C.	11.49	Norwich	April 27th	2014
200m	Dina Asher-Smith	Blackheath & Bromley Harriers A.C.	23.08	Norwich	April 27th	2014
400m	Lina Nielson	Enfield & Haringey A.C.	54.38	Stevenage	April 18th	2015
800m	Katy-Ann McDonald	Blackheath & Bromley Harriers A.C.	2:08.22	Birmingham	Sept 3rd	2017
1500m	Niamh Bridson-Hubbard	Blackheath & Bromley Harriers A.C.	4:29.9	Hendon	June 26th	2016
3000m	Victoria Weir	Team DC	9:37.56	Yeovil	July 24th	2016
100mH	Mia McIntosh	Harrow AC	13.75	Hemel Hempstead	April 30th	2023
400mH	Shona Richards	Windsor, Slough, Eton & Hounslow	57.91	Norwich	April 27th	2014
1500m S/C	Aimee Pratt	Sale Harriers	4:51.70	Blackburn	May 1st	2016
High Jump	Ada'oro Chigbo	Team Avon	1.80m	Yate	April 18th	2015
Pole Vault	Isabella Turner	Harrow & Dacorum	3.96m	Liverpool	Sept 7th	2025
Long Jump	Eleanor Broome	Rugby & Northampton A.C.	6.26m	Worcester	May 29th	2016
Triple Jump	Temi Ojora	Windsor, Slough, Eton & Hounslow	12.94m	Hendon	June 30th	2019
Shot Put	Cleo Agyepong	Blackheath & Bromley Harriers A.C.	15.16m	Woking	June 26th	2022
Discus	Amy Holder	Windsor, Slough, Eton & Hounslow	51.89m	Stevenage	April 18th	2015
Hammer	Charlotte Payne	Reading AC	62.87m	Bracknell	Sept 5th	2021
Javelin	Bekah Walton	Blackheath & Bromley Harriers A.C.	49.94m	Bedford	Sept 9th	2018
4 x 100 Relay		Birchfield Harriers	46.28	Birchfield	April 27th	2025
4x400R mixed	NEW EVENT 2024	Wirral AC	3:36.26	Stretford	April 28th	2024
4 X 400 Relay	no longer in timetable	Liverpool Harriers	3:49.3	Wigan	June 30th	2019

WOMEN u17 COMPETITION EVENTS

100m	Gina Akpe-Moses	Birchfield Harriers	11.85	Birmingham	May 16th	2015
200m	Charlotte McLennaghan	Notts AC	23.92	Birmingham	April 27th	2014
300m	Cheriece Hylton	Blackheath & Bromley Harriers A.C.	38.47	Birmingham	Sept 8th	2013
800m	Katy-Ann McDonald	Blackheath & Bromley Harriers A.C.	2:06.80	Bedford	Sept 4th	2016
1500m	Keira Brady-Jones	Wirral AC	4:29.1	Bebington	July 25th	2021
3000m	Eliza Nicholson	Blackheath & Bromley Harriers A.C.	9:38.42	Manchester	Sept 3rd	2023
80mH	Izzy Rae	Blackheath & Bromley Harriers A.C.	10.94	Hendon	July 6th	2025
300mH	Bisan Musa	Reading AC	41.84	Hendon	July 6th	2025
1500M S/C	Ava James	Lewes AC	4:58.6	Lewes	April 28th	2024
High Jump	Morgan Lake	Windsor, Slough, Eton & Hounslow	1.80m	Allianz Park	July 28th	2013
Pole Vault	Molly Caudery	Team DC	4.06m	Yeovil	July 24th	2016
Long Jump	Chisom Nwafor	South Bucks Composite	6.18m	Hillingdon	April 24th	2022
Triple Jump	Jazz Sears	Shaftesbury Barnet Harriers	12.45m	Reading	April 29th	2018
Shot Put	Serena Vincent	City of Portsmouth A.C.	15.55m	Kingsmeadow	May 27th	2018
Discus	Georgie Taylor	Havering AC	45.41m	Welwyn	June 2nd	2013
Hammer	Katie Head	Basildon Beagles	61.76m	Sutcliffe Park	May 29th	2016
Javelin	Emma Hamplett	Cannock & Stafford	57.14m	Loughborough	June 1st	2014
4 x 100 Relay		Blackheath & Bromley Harriers A.C.	46.71	Birmingham	Sept 8th	2013
4 X 300 Relay		Portsmouth/Winchester	2:41.31	Hendon	June 30th	2024

YDL LOWER AGE GROUP LEAGUE RECORDS as at 6th September 2025

BOYS u15 COMPETITION EVENTS

100m	Farrell Fabusiwa	Croydon Harriers	10.9	Crawley	July 8th	2023
200m	Jona Efoloko	Sale Harriers	22.2	Liverpool	June 22nd	2014
300m	Amir Sultan-Edwards	Blackheath & Bromley Harriers A.C.	35.40	Reading	June 17th	2018
800m	Evan Grime	Trafford AC	1:57.98	Trafford	May 7th	2023
1500m	Calum Dick	Giffnock North AC	4:05.62	Manchester	Sept 2nd	2023
80mH	Joseph Harding	Basildon AC	11.0	Gillingham	April 22nd	2017
High Jump	Basil Zola	Sale Harriers	1.93m	Manchester	Sept 7th	2019
Pole Vault	Frankie Johnson	Bedford & County AC	4.32m	Lee Valley	June 21st	2015
Long Jump	Patrick Sylla	Bournemouth A.C.	6.82m	Kingston	May 4th	2013
Shot Put	Thomas Hanson	Cardiff AAC	15.49m	Birmingham	Sept 5th	2015
Discus	Alfie Scopes	Tonbridge AC	49.53m	Reading	May 31st	2014
Hammer	Jake Norris	Windsor, Slough, Eton & Hounslow	59.79m	Eton	July 13th	2013
Javelin	Hugo Bucher	Cheltenham & County Harriers	66.41m	Liverpool	Sept 6th	2025
4 x 100 Relay		Thames Valley Harriers	44.6	Wormwood Scrubs	July 20th	2019
4 X 300 Relay		Sale Harriers	2:33.4	Manchester	June 18th	2017

BOYS u13 COMPETITION EVENTS

75m	Duncan Williams	Wycombe Phoenix AC	8.93	Wycombe	June 29th	2025
150m	Duncan Williams	Wycombe Phoenix AC	17.35	Eton	May 3rd	2025
800m	Jaden Kennedy	Herne Hill Harriers	2:09.50	Hornchurch	June 19th	2016
1200m	Jack Baranowski	Blackburn Harriers	3:21.2	Blackburn	July 22nd	2023
75mH	Reggie Lucas-Merry	Basildon AC	11.15	Medway Park	June 17th	2018
High Jump	Oladesire Ayinla	Cambridge Harriers	1.70m	Dartford	July 20th	2025
Long Jump	Tristan Suberu	Folkstone RC	5.72m	Dartford	July 22nd	2023
Shot Put	Logan Cowling	Kingston upon Hull	14.59m	Doncaster	16th June	2024
Javelin	Travis Harfield	Chorley ATC	49.49m	Leigh	June 22nd	2019
4 x 100 Relay		Woodford Green & Essex Ladies	49.98	Woodford	June 3rd	2023

GIRLS u15 COMPETITION EVENTS

100m	Success Eduan	Sale Harriers	11.97	Manchester	Sept 7th	2019
200m	Success Eduan	Sale Harriers	24.55	Manchester	Sept 7th	2019
300m	Poppy Malik	Notts AC	40.11	Stoke Gifford	July 21st	2018
800m	Tilly Simpson	Hallamshire Harriers	2:07.8	Rotherham	June 21st	2015
1500m	Josie Czura	City of Portsmouth A.C.	4:35.9	Guildford	May 30th	2015
75mH	Meg Corker	Warrington AC	11.0	Trafford	May 18th	2019
	Izzy Rae	Bracknell AC	11.0	Bracknell	June 16th	2024
High Jump	Alessia Scala	Blackheath & Bromley Harriers A.C.	1.75m	Reading	July 20th	2025
Pole Vault	Ella Brooker	Blackheath & Bromley Harriers A.C.	3.55m	Liverpool	Sept 6th	2025
Long Jump	Daisy Snell	Blackheath & Bromley Harriers A.C.	5.65m	Erith	July 17th	2021
Shot Put	Omolola Kuponiyi	Havering AC	13.72m	Bracknell	April 21st	2018
Discus	Sophie Mace	Walton AC	39.94m	Sutton	May 4th	2013
Hammer	Phoebe Baggott	Wolverhampton & Bilston A.C.	55.15m	Telford	July 16th	2016
Javelin	Bethany Moule	Neath Harriers	45.76m	Gloucester	Apr 23rd	2016
4 x 100 Relay		Crawley AC	48.5	Crawley	July 8th	2023
4 X 300 Relay		Blackheath & Bromley Harriers A.C.	2:48.29	Manchester	Aug 31st	2024

GIRLS u13 COMPETITION EVENTS

75m	Lily Thurbon-Smith	Bournemouth & New Forest Juniors	9.5	Bournemouth	June 17th	2018
150m	Alicia Regis	Enfield & Haringey AC	18.7	Tooting Bec	July 19th	2014
800m	Francesca Baxter	Chiltern Harriers AC	2:19.6	Hillingdon	May 18th	2019
1200m	Francesca Baxter	Chiltern Harriers AC	3:41.6	Wormwood Scrubs	July 20th	2019
70mH	Cleo Martin-Evans	Daventry AC	10.9	Nuneaton	July 18th	2015
	Lia Bonsu	Croydon Harriers	10.9	Portsmouth	June 17th	2018
High Jump	Thea Brown	Sale Harriers	1.61m	Manchester	Sept 7th	2019
Long Jump	Katriel Udoh	Swansea Harriers	5.43m	Gloucester	May 19th	2024
Shot Put	Meghan Porterfield	V P City of Glasgow	12.19m	Grangemouth	April 22nd	2018
Javelin	Dulcie Yelling	Brighton & Hove	44.02m	Southampton	April 27th	2019
4 x 100 Relay		Preston Harriers	52.0	Bebington	July 21st	2018

Last competition year before new age groups come in, 2026.