

## YDL 2026 LOWER AGE GROUP LEAGUE STRUCTURE - SOUTHERN (as, 17 April)

Premier		Date & Venue
1	Blackheath & Bromley Harriers & AC	Sun 31 May, Norman Park, Bromley
2	Brighton & Hove AC	
3	Reading AC	Sat 18 Jul, Palmer Park
4	Tonbridge AC	Sat 1 Aug, Tonbridge school athletics track
5	Winchester & District AC	
6	Woodford Green with Essex Ladies AC	Sun 3 May, Ashton Playing Fields

Top 2 teams to be invited to the National Final. Bottom 2 teams relegated to Division 1A, B, C, D, or E

Division 1A		Date & Venue
1	Bexley AC	Sun 3 May, Sutcliffe Park, Eltham
2	Cambridge Harriers	Sun 31 May & Sat 1 Aug, Sutcliffe Park, Eltham
3	Havering AC	
4	Herne Hill Harriers	
5	Newham & Essex Beagles AC	
6	Victoria Park & Tower Hamlets AC	Sat 18 Jul, Mile End Stadium

Division 1B		Date & Venue
1	Bournemouth & New Forest Jnrs ©	
2	Chichester Runners & AC	Sun 3 May, Mountbatten Stadium, Portsmouth
3	City of Portsmouth AC	Sun 31 May, Mountbatten Stadium, Portsmouth
4	Southampton AC	Sat 1 Aug, Southampton Sports centre
5	Team Dorset ©	Sat 18 Jul, Salisbury Running Track

Division 1C		Date & Venue
1	Crawley AC	
2	Dartford Harriers AC	Sat 1 Aug, Central Park, Dartford
3	Hastings AC	Sat 18 Jul, William Parker Arena
4	HY AC	
5	Paddock Wood & Folkestone©	Sun 3 May, Julie Rose Stadium, Ashford

Division 1D		Date & Venue
1	Chiltern Harriers AC	Sun 3 May, Wycombe Athletics Complex
2	Dacorum AC	Sun 31 May, Jarman Park, Hemel Hempstead
3	Oxford City AC	Sat 1 Aug, Horspath stadium
4	Vale of Aylesbury AC	
5	Wycombe Phoenix AC	

No host for the match on 18 July

Division 1E		Date & Venue
1	Croydon Harriers	
2	Holland Sports AC	
3	Kingston AC & Polytechnic Harriers	Sat 18 Jul, Weir Archer Track, Kingsmeadow
4	Momentum Track Club	Sun 31 May, Weir Archer Track, Kingsmeadow
5	St. Mary's Richmond AC	Sun 3 May, Weir Archer Track, Kingsmeadow
6	Team Sussex ©	Sat 1 Aug, Lewes Community athletics track

Division 1F		Date & Venue
1	Bracknell AC	
2	Guildford & Godalming AC	Sat 1 Aug, Spectrum LC Guildford
3	Hillingdon AC - NO Pole Vault	Sat 18 Jul, Hillingdon Athletics Stadium
4	Walton AC	Sun 31 May, Xcel Sports Hub
5	Windsor, Slough, Eton & Hounslow AC	Sun 3 May, Thames Valley Athletics Centre

© = composite team

PROMOTION/RELEGATION SUBJECT TO POSSIBLE CHANGES FOR 2027