LEVEL	UPPER	Track Events Start in Lane
REGION	SOUTH	
DIVISION	Premier	
MATCH	3	
P/FINISH	YES	2
Timetable	Long (Premier)	

TOTAL EVENTS	76
NO COMPETITORS/EVENT CANCELLED/NMR/NOT ON TIMETA	5
EVENT SCORED	71
REMAINING	-

Date Sunday, July 12 2026

Venue NORMAN PARK ATHLETIC TRACK

Host Club Blackheath & Bromley H AC

Bib	Team Name	Abbrev.	Officials	Track1	Track2	Relays	Field	Total
1	Blackheath & Bromley H AC	B&B	56.0	246.0	79.0	62.0	250.0	693.0
2	Harrow & Dacorum ©	H&D	56.0	222.0	22.0	25.0	231.0	556.0
3	Portsmouth + Winchester ©	PW		-	-	-	-	-
4	Reading AC	Read	24.0	157.0	34.0	46.0	178.0	439.0
5	Windsor Slough Eton & Hounslow AC	WSEH		-	-	-	-	-
6	Woodford Green AC with Essex Ladies	WGEL	56.0	224.0	55.0	50.0	220.0	605.0
-				-	-	-	-	-
-				-	-	-	-	-

Posn This Match	Team Name	This Match Points	League Points	B/fwd Match	B/fwd League	Total Match	Total League	Standings
1	Blackheath & Bromley H AC	693.0	6.0	1486.5	12.0	2179.5	18.0	1
2	Woodford Green AC with Essex Ladies	605.0	5.0	1068.0	8.0	1673.0	13.0	3
3	Harrow & Dacorum ©	556.0	4.0	1123.0	10.0	1679.0	14.0	2
4	Reading AC	439.0	3.0	1005.5	5.0	1444.5	8.0	4
	Windsor Slough Eton & Hounslow AC	-		961.0	5.0	961.0	5.0	5
	Portsmouth + Winchester ©	-		480.0	2.0	480.0	2.0	6
		-						
		-						

Posn	*POINTS FOR PERFORMANCE TABLE*	*Points*
1	*Blackheath & Bromley H AC*	*51,384*
2	*Harrow & Dacorum ©*	*42,357*
3	*Woodford Green AC with Essex Ladies*	*39,661*
4	*Reading AC*	*36,766*

Posn	*Top 10 Scoring Athletes*	*Points*	*Perf*	*Club*	*Event*	*UKYDL*
1	*Alexander GILES (U18)*	*1,100*	*6.88*	*B&B*	*U18 Men's Long Jump A*	
2	*Wyatt LARKINS (U20)*	*965*	*72.25*	*H&D*	*U20 Men's Hammer 6Kg A*	
3	*Archie SMITH (U18)*	*962*	*01:57.87*	*WGEL*	*U18 Men's 800m A*	
4	*Izzy RAE (U18)*	*961*	*11.33*	*B&B*	*U18 Women's Triple Jump A*	
5	*Rayhan MOURTADA (U20)*	*955*	*54.24*	*B&B*	*U20 Men's 400m Hurdles A*	
6	*Patricia ARMAH (U20)*	*933*	*24.90*	*Read*	*U20 Women's 200m A*	
7	*Nathan MOBBS (U18)*	*920*	*4.70*	*WGEL*	*U20 Men's Pole Vault A*	
8	*Godwin MUTANDWA (U20)*	*912*	*48.87*	*H&D*	*U20 Men's Discus 1.75Kg A*	
9	*Finn KENNY (U18)*	*911*	*56.76*	*H&D*	*U18 Men's 400m Hurdles A*	
10	*Isabella PHILLIPS (U18)*	*910*	*11.12*	*Read*	*U18 Women's Triple Jump A*	

SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U20 Men's 100m A Wind 0.0

Posn	Bib	Athlete	Club	Perf	EA
1	1	Ebube MADUBATA (U20)	B&B	11.36	5
2	4	Mackenzie LOBO (U18)	Read	11.58	4
3	2	Garone MCLEAN (U20)	H&D	11.75	3
4	6	David NWACHUKWU (U20)	WGEL	12.24	1
5					
6					
7					
8					

U20 Men's 100m B Wind 4.4

Posn	Bib	Athlete	Club	Perf	EA
1	22	Samuel JAGROOP (U20)	H&D	10.98	9
2	11	Kamar MCCURDY-BATIK (U18)	B&B	11.21	6
3	66	Chiji NWANKWO (U20)	WGEL	11.75	3
4	44	Eduardo CARVALHO (U18)	Read	12.22	1
5					
6					
7					
8					

U20 Men's 200m A Wind nwr

Posn	Bib	Athlete	Club	Perf	EA
1	4	Rhys MCCORMAC (U20)	Read	22.54	7
2	1	Ebube MADUBATA (U20)	B&B	22.68	6
3	2	Garone MCLEAN (U20)	H&D	23.28	4
4	6	David NWACHUKWU (U20)	WGEL	24.55	1
5					
6					
7					
8					

U20 Men's 200m B Wind -2.50

Posn	Bib	Athlete	Club	Perf	EA
1	11	Oliver DRISCOLL (U20)	B&B	23.09	4
2	44	Mackenzie LOBO (U18)	Read	23.94	2
3	66	Hadi HUSSEINI (U18)	WGEL	24.50	1
4	22	Lashawn DRAKES (U20)	H&D	26.05	
5					
6					
7					
8					

U20 Men's 400m A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Marley BYFIELD (U20)	B&B	49.71	9
2	6	Thomas NIEWCZASINSKI-KIRKI	WGEL	50.64	8
3	4	Rhys MCCORMAC (U20)	Read	52.39	6
4	2	Haydan LONDON (U20)	H&D	52.48	6
5					
6					
7					
8					

U20 Men's 400m B

Posn	Bib	Athlete	Club	Perf	EA
1	11	Oliver TREASURE (U20)	B&B	55.58	4
2	22	Dylan WINFIELD (U20)	H&D	55.69	3
3	66	Max KOSCHEK (U20)	WGEL	55.97	3
4					
5					
6					
7					
8					

U20 Men's 800m A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Max KOSCHEK (U20)	WGEL	2:07.86	
2	1	Harry FAGE (U20)	B&B	2:21.41	
3					
4					
5					
6					
7					
8					

U20 Men's 800m B

Posn	Bib	Athlete	Club	Perf	EA
1	66	Samuel SINGH (U18)	WGEL	2:11.67	
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U20 Men's 1500m A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Jed STARVIS (U20)	B&B	4:08.00	6
2	4	James TITMAS (U20)	Read	4:08.83	6
3					
4					
5					
6					
7					
8					

U20 Men's 1500m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U20 Men's 3000m A

Posn	Bib	Athlete	Club	Perf	EA
1	97	Event Not On Timetable			
2					
3					
4					
5					
6					
7					
8					

U20 Men's 3000m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U20 Men's 110m Hurdles A Wind -1.6

Posn	Bib	Athlete	Club	Perf	EA
1	1	Rayhan MOURTADA (U20)	B&B	14.34	9
2	2	Ethan OGILVIE (U18)	H&D	15.14	8
3					
4					
5					
6					
7					
8					

U20 Men's 110m Hurdles B Wind -1.6

Posn	Bib	Athlete	Club	Perf	EA
1	22	Haydan LONDON (U20)	H&D	17.57	3
2					
3					
4					
5					
6					
7					
8					

U20 Men's 400m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Rayhan MOURTADA (U20)	B&B	54.24	9
2	2	Haydan LONDON (U20)	H&D	58.83	6
3	6	Joseph ARNOLD (U20)	WGEL	66.50	1
4					
5					
6					
7					
8					

U20 Men's 400m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Dylan WINFIELD (U20)	H&D	61.98	4
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U20 Men's 2000m SChase A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Harry FAGE (U20)	B&B	6:30.22	6
2	6	Oliver CLIFTON (U20)	WGEL	6:45.98	5
3					
4					
5					
6					
7					
8					

U20 Men's 2000m SChase B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U20 Men's Long Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Chiemerie HEMESON (U20)	B&B	5.64	3
2					
3					
4					
5					
6					
7					
8					

U20 Men's Long Jump B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U20 Men's High Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Alexander GILES (U18)	B&B	1.85	7
2	2	Christopher BURTON (U20)	H&D	X	

U20 Men's High Jump B

Posn	Bib	Athlete	Club	Perf	EA

U20 Men's Triple Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Chiemerie HEMESON (U20)	B&B	12.36	5
2	6	Samuel SINGH (U18)	WGEL	X	
3					
4					
5					
6					
7					
8					

U20 Men's Triple Jump B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U20 Men's Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Nathan MOBBS (U18)	WGEL	4.70	9

U20 Men's Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA

U20 Men's Shot Putt 6Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Buddy REID (U18)	WGEL	12.87	6
2	2	Lincoln RAMDHANNY (U20)	H&D	12.17	5
3	1	Nehemiah DICK (U20)	B&B	10.67	3
4	4	Soham DAS (U20)	Read	9.55	1
5					
6					
7					
8					

U20 Men's Shot Putt 6Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Godwin MUTANDWA (U20)	H&D	9.61	1
2					
3					
4					
5					
6					
7					
8					

U20 Men's Discus 1.75Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Godwin MUTANDWA (U20)	H&D	48.87	9
2	4	Soham DAS (U20)	Read	28.76	3
3	1	Nehemiah DICK (U20)	B&B	27.03	3
4	6	Max KOSCHEK (U20)	WGEL	11.99	
5					
6					
7					
8					

U20 Men's Discus 1.75Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Lincoln RAMDHANNY (U20)	H&D	38.30	7
2					
3					
4					
5					
6					
7					
8					

U20 Men's Hammer 6Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Wyatt LARKINS (U20)	H&D	72.25	9
2	4	Soham DAS (U20)	Read	47.60	6
3	6	Oliver CLIFTON (U20)	WGEL	18.08	
4					
5					
6					
7					
8					

U20 Men's Hammer 6Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Lincoln RAMDHANNY (U20)	H&D	27.05	
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U20 Men's Javelin 800g A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Max KENNEDY (U20)	B&B	52.66	7
2	22	Lincoln RAMDHANNY (U20)	H&D	34.26	1
3	4	Soham DAS (U20)	Read	30.44	
4	6	Oliver CLIFTON (U20)	WGEL	29.29	
5					
6					
7					
8					

U20 Men's Javelin 800g B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U20 Men's 4 x 100m

Posn	Bib	Runners	Club	Perf
1	1	Ebube MADUBATA (U20) * Rayhan MOURTADA (U20) * Marley BYFIELD (U20) * Oscar SADOWSKI (U18)	B&B	43.56
2	2	Haydan LONDON (U20) * Ethan OGILVIE (U18) * Garone MCLEAN (U20) * Lashawn DRAKES (U20)	H&D	45.26
3	4	Rhys MCCORMAC (U20) * Taryn GUTHRIE (U18) * Eduardo CARVALHO (U18) * Robert FUREY (U18)	Read	46.39
4	6	Chiji NWANKWO (U20) * Hadi HUSSEINI (U18) * Joshua ALOWOOJA (U18) * Matthew DELEA (U18)	WGEL	46.97
5				
6				
7				
8				

U20 Men's & Women's 4 x 400m

Posn	Bib	Runners	Club	Perf
1	1	Rayhan MOURTADA (U20) * Marley BYFIELD (U20) * Alyssa FIRLA (U20) * Aoife MCDONAGH (U18)	B&B	3:49.21
2	4	Rhys MCCORMAC (U20) * Jesse ADDAIBOSOMPEM (U18) * Anna DELAVERE (U20) * Molly BARNES (U20)	Read	3:55.48
3	2	Jacob LEMBE (U18) * Haydan LONDON (U20) * Emma NEGOIANU (U18) * Emma DALTON (U18)	H&D	4:03.78
4	6	Lucas FREEDMAN (U18) * Alice PADIAN (U18) * Oliver CLIFTON (U20) * Isla FULLING (U18)	WGEL	4:15.55
5				
6				
7				
8				

TEAMS BY AGE GROUP

U20 Men		Points	P4P
1	Blackheath & Bromley H AC	153.0	12,728
2	Harrow & Dacorum ©	126.0	11,196
3	Woodford Green AC with Essex Ladies	102.0	7,751
4	Reading AC	75.0	6,597
5		-	-
5		-	-
5	Windsor Slough Eton & Hounslow AC	-	-
5	Portsmouth + Winchester ©	-	-

SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U20 Women's 100m A Wind 2.9

Posn	Bib	Athlete	Club	Perf	EA
1	6	Evanna EZE (U18)	WGEL	12.21	9
2	1	Honey CHALMERS (U20)	B&B	12.81	4
3	2	Ebony-simone LEE (U20)	H&D	13.11	2
4					
5					
6					
7					
8					

U20 Women's 100m B Wind 2.9

Posn	Bib	Athlete	Club	Perf	EA
1	66	Erin FRISBY (U18)	WGEL	12.68	5
2	22	Emma NEGOIANU (U18)	H&D	13.18	2
3					
4					
5					
6					
7					
8					

U20 Women's 200m A Wind -1.60

Posn	Bib	Athlete	Club	Perf	EA
1	4	Patricia ARMAH (U20)	Read	24.90	9
2	1	Alyssa FIRLA (U20)	B&B	26.64	6
3	6	Erin FRISBY (U18)	WGEL	27.06	5
4	2	Ebony-simone LEE (U20)	H&D	27.43	4
5					
6					
7					
8					

U20 Women's 200m B Wind -1.10

Posn	Bib	Athlete	Club	Perf	EA
1	44	Lily METCALFE (U18)	Read	26.65	6
2	11	Honey CHALMERS (U20)	B&B	27.41	4
3	66	Habiba TIJANI (U18)	WGEL	28.14	3
4	22	Esther FAPONLE (U18)	H&D	43.77	
5					
6					
7					
8					

U20 Women's 400m A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Emiley AXTELL (U20)	H&D	60.86	6
2	4	Molly BARNES (U20)	Read	61.21	5
3	1	Alyssa FIRLA (U20)	B&B	62.86	5
4					
5					
6					
7					
8					

U20 Women's 400m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U20 Women's 800m A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Niamh STANLEY (U18)	B&B	2:33.72	
2	2	Phoebe GOSS (U20)	H&D	2:36.62	
3	4	Emilie HOMER (U20)	Read	2:40.16	
4	6	Matilda FRITH (U20)	WGEL	3:27.86	
5					
6					
7					
8					

U20 Women's 800m B

Posn	Bib	Athlete	Club	Perf	EA
1	11	Kyla DERVISH (U20)	B&B	2:35.77	
2	66	Amber HIGGS-SMITH (U18)	WGEL	3:28.76	
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U20 Women's 1500m A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Kyla DERVISH (U20)	B&B	5:13.95	2
2	2	Phoebe GOSS (U20)	H&D	5:23.09	1
3	6	Matilda FRITH (U20)	WGEL	6:41.65	
4					
5					
6					
7					
8					

U20 Women's 1500m B

Posn	Bib	Athlete	Club	Perf	EA
1	11	Rowan PEARSON (U18)	B&B	5:29.91	1
2					
3					
4					
5					
6					
7					
8					

U20 Women's 3000m A

Posn	Bib	Athlete	Club	Perf	EA
1	97	Event Not On Timetable			
2					
3					
4					
5					
6					
7					
8					

U20 Women's 3000m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U20 Women's 100m Hurdles A Wind -1.5

Posn	Bib	Athlete	Club	Perf	EA
1	6	Matilda FRITH (U20)	WGEL	27.04	
2					
3					
4					
5					
6					
7					
8					

U20 Women's 100m Hurdles B Wind

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U20 Women's 400m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Matilda FRITH (U20)	WGEL	100.07	
2					
3					
4					
5					
6					
7					
8					

U20 Women's 400m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U20 Women's 1500m SChase A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Matilda FRITH (U20)	WGEL	7:08.76	
2					
3					
4					
5					
6					
7					
8					

TD10 U20 Women's 1500m SChase B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U20 Women's Long Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Anna DELAVERE (U20)	Read	4.86	4
2	6	Tai'bat OWOSHO (U20)	WGEL	4.84	4
3	2	Ebony-simone LEE (U20)	H&D	3.75	
4	1	Kyla DERVISH (U20)	B&B	2.99	
5					
6					
7					
8					

U20 Women's Long Jump B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U20 Women's High Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Anna DELAVERE (U20)	Read	1.45	5

U20 Women's High Jump B

Posn	Bib	Athlete	Club	Perf	EA

U20 Women's Triple Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Abbie DOWDYE (U20)	WGEL	11.42	8
2	2	Zara SIMON (U20)	H&D	8.27	
3					
4					
5					
6					
7					
8					

U20 Women's Triple Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Elise BEARDSWORTH (U20)	H&D	7.49	
2	66	Tai'bat OWOSHO (U20)	WGEL	X	
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U20 Women's Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
1	98	No Competitors Declared			

U20 Women's Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA

U20 Women's Shot Putt 4Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Elise BEARDSWORTH (U20)	H&D	8.57	2
2	6	Kaidy BAPTISTE (U18)	WGEL	7.75	1
3	4	Anna DELAVERE (U20)	Read	7.32	
4	1	Erin SIMPSON (U20)	B&B	7.01	
5					
6					
7					
8					

U20 Women's Shot Putt 4Kg B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U20 Women's Discus 1Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Zara SIMON (U20)	H&D	30.09	4
2	1	Erin SIMPSON (U20)	B&B	29.62	4
3					
4					
5					
6					
7					
8					

U20 Women's Discus 1Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Elise BEARDSWORTH (U20)	H&D	26.64	3
2					
3					
4					
5					
6					
7					
8					

U20 Women's Hammer 4Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Elise BEARDSWORTH (U20)	H&D	34.68	4
2	6	Kaidy BAPTISTE (U18)	WGEL	12.75	
3					
4					
5					
6					
7					
8					

U20 Women's Hammer 4Kg B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U20 Women's Javelin 600g A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Poppy RADFORD (U20)	H&D	39.70	6
2	4	Anna DELAVERE (U20)	Read	25.43	
3	6	Amber HIGGS-SMITH (U18)	WGEL	17.76	
4	1	Honey CHALMERS (U20)	B&B	13.06	
5					
6					
7					
8					

U20 Women's Javelin 600g B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Zara SIMON (U20)	H&D	17.43	
2					
3					
4					
5					
6					
7					
8					

U20 Women's 4 x 100m

Posn	Bib	Runners	Club	Perf
1	6	Daisy ANDERSON (U18) * Tai'bat OWOSHO (U20) * Remi SALAKO (U18) * Erin FRISBY (U18)	WGEL	50.07
2	4	Nadia ARMAH (U18) * Patricia ARMAH (U20) * Molly BARNES (U20) * Lily METCALFE (U18)	Read	50.34
3	2	Emma DALTON (U18) * Emma WRIGHT (U18) * Ebony-simone LEE (U20) * Esther FAPONLE (U18)	H&D	51.39
4	1	Erin SIMPSON (U20) * Honey CHALMERS (U20) * Rowan PEARSON (U18) * Alyssa FIRLA (U20)	B&B	55.56
5				
6				
7				
8				

U20 Women's & Men's 4 x 400m

Posn	Bib	Runners	Club	Perf
1	1	Oliver TREASURE (U20) * Ebube MADUBATA (U20) * Charlotte STEVENS (U18) * Niamh STANLEY (U18)	B&B	4:27.62
2				
3				
4				
5				
6				
7				
8				

TEAMS BY AGE GROUP

U20 Women		Points	P4P
1	Harrow & Dacorum ©	118.0	7,966
2	Woodford Green AC with Essex Ladies	114.0	5,970
3	Blackheath & Bromley H AC	93.0	6,341
4	Reading AC	67.0	5,406
5		-	-
5		-	-
5	Windsor Slough Eton & Hounslow AC	-	-
5	Portsmouth + Winchester ©	-	-

SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U18 Men's 100m A Wind -1.4

Posn	Bib	Athlete	Club	Perf	EA
1	A	Olufikayo LANA (U18)	B&B	11.46	6
2	F	Waiz YASSER (U18)	WGEL	11.52	5
3	D	Joshua ALLEN (U18)	Read	11.79	4
4	B	Aiden BRAMBLE (U18)	H&D	12.12	3
5					
6					
7					
8					

U18 Men's 100m B Wind 1.2

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Riley AUSTIN-TILL (U18)	B&B	11.22	7
2	DD	Jesse ADDAIBOSOMPEM (U18	Read	11.32	7
3	BB	Finn KENNY (U18)	H&D	11.35	7
4	FF	Hadi HUSSEINI (U18)	WGEL	11.98	3
5					
6					
7					
8					

U18 Men's 200m A Wind -0.80

Posn	Bib	Athlete	Club	Perf	EA
1	A	Riley AUSTIN-TILL (U18)	B&B	22.92	7
2	F	Waiz YASSER (U18)	WGEL	23.20	6
3	D	Jesse ADDAIBOSOMPEM (U18	Read	23.38	5
4	B	Jacob LEMBE (U18)	H&D	23.60	5
5					
6					
7					
8					

U18 Men's 200m B Wind -0.40

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Noah AMUSAN (U18)	B&B	22.61	8
2	BB	Anish FRANKLAND (U18)	H&D	23.74	4
3	FF	Kofi AMOATENG (U18)	WGEL	23.91	4
4	DD	Eduardo CARVALHO (U18)	Read	25.44	
5					
6					
7					
8					

U18 Men's 400m A

Posn	Bib	Athlete	Club	Perf	EA
1	F	Matthew DELEA (U18)	WGEL	52.01	7
2	D	Joshua WISEMAN (U18)	Read	52.78	7
3	A	Gabriel CHEESMAN (U18)	B&B	52.91	7
4	B	Shaan TUMBER (U18)	H&D	54.56	5
5					
6					
7					
8					

U18 Men's 400m B

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Madalisto VALEMA-MWANZA	B&B	53.18	6
2	FF	Samuel KOLAWOLE (U18)	WGEL	53.92	6
3	BB	Harry SHIELDS (U18)	H&D	55.45	5
4	DD	Youssef EL-NAGER (U18)	Read	55.71	4
5					
6					
7					
8					

U18 Men's 800m A

Posn	Bib	Athlete	Club	Perf	EA
1	FF	Archie SMITH (U18)	WGEL	1:57.87	
2	A	Madalisto VALEMA-MWANZA	B&B	2:03.46	
3	BB	Luca RUSSO (U18)	H&D	2:04.04	
4					
5					
6					
7					
8					

U18 Men's 800m B

Posn	Bib	Athlete	Club	Perf	EA
1	B	Lucas OLIVER (U18)	H&D	2:05.79	
2	AA	Nathan CLARK (U18)	B&B	2:06.49	
3	F	Lucas FREEDMAN (U18)	WGEL	2:08.52	
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U18 Men's 1500m A

Posn	Bib	Athlete	Club	Perf	EA
1	B	Luca RUSSO (U18)	H&D	4:16.16	5
2	A	Nathan CLARK (U18)	B&B	4:18.35	5
3	D	Sam WEEKS (U18)	Read	4:26.01	3
4	F	Samuel SINGH (U18)	WGEL	4:27.72	3
5					
6					
7					
8					

U18 Men's 1500m B

Posn	Bib	Athlete	Club	Perf	EA
1	DD	Sebastian CLARK (U18)	Read	4:26.87	3
2					
3					
4					
5					
6					
7					
8					

U18 Men's 3000m A

Posn	Bib	Athlete	Club	Perf	EA
1	97	Event Not On Timetable			
2					
3					
4					
5					
6					
7					
8					

U18 Men's 3000m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U18 Men's 110m Hurdles A Wind -1.1

Posn	Bib	Athlete	Club	Perf	EA
1	B	Marcel EWERTOWSKI (U18)	H&D	14.50	9
2	A	Jamie ELLERTON (U18)	B&B	14.52	9
3	D	Joshua ALLEN (U18)	Read	14.64	9
4	F	Joshua ALOWOOJA (U18)	WGEL	DNF	
5					
6					
7					
8					

U18 Men's 110m Hurdles B Wind -1.4

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Malakai DAVID MCKENZIE CAI	B&B	14.79	9
2	DD	Marcus SMITH (U18)	Read	15.53	8
3	BB	Anish FRANKLAND (U18)	H&D	16.35	7
4	FF	Rahul SOLANKI (U18)	WGEL	DQ	
5					
6					
7					
8					

U18 Men's 400m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1	B	Finn KENNY (U18)	H&D	56.76	9
2	D	Taryn GUTHRIE (U18)	Read	58.39	7
3	FF	Toby FALOLA (U18)	WGEL	62.56	4
4					
5					
6					
7					
8					

U18 Men's 400m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1	BB	Anish FRANKLAND (U18)	H&D	61.92	5
2	F	Rahul SOLANKI (U18)	WGEL	63.79	4
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U18 Men's 2000m SChase A

Posn	Bib	Athlete	Club	Perf	EA
1	F	Daniel ARNOLD (U18)	WGEL	6:42.31	
2	D	Sam WEEKS (U18)	Read	6:53.15	
3	A	James SHAW (U18)	B&B	7:20.21	
4					
5					
6					
7					
8					

U18 Men's 2000m SChase B

Posn	Bib	Athlete	Club	Perf	EA
1	FF	Rahul SOLANKI (U18)	WGEL	9:05.77	
2					
3					
4					
5					
6					
7					
8					

U18 Men's Long Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Alexander GILES (U18)	B&B	6.88	9
2	D	Marcus SMITH (U18)	Read	6.24	7
3	F	Joshua ALOWOOJA (U18)	WGEL	6.12	6
4	B	Zach ABBOTT (U18)	H&D	5.21	2
5					
6					
7					
8					

U18 Men's Long Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	DD	Robert FUREY (U18)	Read	5.45	3
2	AA	Josiah WINSTON-JONES (U18)	B&B	5.23	2
3	FF	Sammy GEIST (U18)	WGEL	4.99	1
4					
5					
6					
7					
8					

U18 Men's High Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Omari ANDERSON (U18)	B&B	1.85	8
2	B	Marcel EWERTOWSKI (U18)	H&D	1.85	8
3	D	Marcus SMITH (U18)	Read	1.75	6
4	F	Sammy GEIST (U18)	WGEL	1.40	

U18 Men's High Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	BB	Zach ABBOTT (U18)	H&D	1.80	7
2	DD	Taryn GUTHRIE (U18)	Read	1.60	3
3	AA	James SHAW (U18)	B&B	1.60	3

U18 Men's Triple Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Omari ANDERSON (U18)	B&B	12.12	5
2	B	Finn KENNY (U18)	H&D	12.11	5
3	F	Sammy GEIST (U18)	WGEL	10.85	3
4	D	Robert FUREY (U18)	Read	10.14	2
5					
6					
7					
8					

U18 Men's Triple Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	FF	Lucas FREEDMAN (U18)	WGEL	10.07	2
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U18 Men's Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Charlie PLATT (U18)	B&B	3.55	5
2	FF	Stephen NG (U18)	WGEL	3.40	5
3	D	Robert FUREY (U18)	Read	2.75	1

U18 Men's Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Rory WITCOMBE (U18)	B&B	2.60	1
2	F	Rahul SOLANKI (U18)	WGEL	2.60	1

U18 Men's Shot Putt 5Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	B	Sonny MCKEICH (U18)	H&D	11.14	4
2	FF	Jaheim ROMAN (U18)	WGEL	9.28	2
3	D	Youssef EL-NAGER (U18)	Read	8.00	
4	AA	Reece MORRIS (U18)	B&B	5.54	
5					
6					
7					
8					

U18 Men's Shot Putt 5Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	F	Kofi AMOATENG (U18)	WGEL	9.27	2
2	A	Kamar MCCURDY-BATIK (U18)	B&B	5.47	
3					
4					
5					
6					
7					
8					

U18 Men's Discus 1.5Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	B	Sonny MCKEICH (U18)	H&D	40.80	8
2	A	Olufikayo LANA (U18)	B&B	35.02	6
3	F	Buddy REID (U18)	WGEL	28.41	4
4	D	Jayden ALLEN (U18)	Read	19.64	
5					
6					
7					
8					

U18 Men's Discus 1.5Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	FF	Martim VIEIRA (U18)	WGEL	22.77	1
2	AA	Alexander D'CRUZ (U18)	B&B	17.42	
3					
4					
5					
6					
7					
8					

U18 Men's Hammer 5Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Rory WITCOMBE (U18)	B&B	59.92	9
2	D	Jayden ALLEN (U18)	Read	42.73	5
3	B	Sonny MCKEICH (U18)	H&D	33.03	2
4	F	Buddy REID (U18)	WGEL	X	
5					
6					
7					
8					

U18 Men's Hammer 5Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Alexander D'CRUZ (U18)	B&B	18.51	
2					
3					
4					
5					
6					
7					
8					

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U18 Men's Javelin 700g A

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Charlie PLATT (U18)	B&B	52.64	8
2	B	Shayan YADAV (U18)	H&D	39.55	4
3	F	Martim VIEIRA (U18)	WGEL	33.60	2
4	D	Joshua WISEMAN (U18)	Read	17.09	
5					
6					
7					
8					

U18 Men's Javelin 700g B

Posn	Bib	Athlete	Club	Perf	EA
1	A	George BLACKWELL (U18)	B&B	39.43	4
2	DD	Jayden ALLEN (U18)	Read	16.59	
3					
4					
5					
6					
7					
8					

U18 Men's 4 x 100m

Posn	Bib	Runners	Club	Perf
1	A	Olufikayo LANA (U18) * Riley AUSTIN-TILL (U18) * Jamie ELLERTON (U18) * Daniel OLATUNJI (U18)	B&B	43.40
2	F	Samuel KOLAWOLE (U18) * Kofi AMOATENG (U18) * Thomas NIEWCZASINSKI-KIRKLAND (U18) * Toby FALO	WGEL	43.65
3	D	Jesse ADDAIBOSOMPEM (U18) * Joshua ALLEN (U18) * Marcus SMITH (U18) * Mackenzie LOBO (U18)	Read	44.95
4				
5				
6				
7				
8				

U18 Men's 4 x 400m

Posn	Bib	Runners	Club	Perf
1	F	Thomas NIEWCZASINSKI-KIRKLAND (U18) * Archie SMITH (U18) * Samuel KOLAWOLE (U18) * Matthew DELE	WGEL	3:31.56
2	D	Joshua WISEMAN (U18) * Youssef EL-NAGER (U18) * Alexander JONES (U18) * Taryn GUTHRIE (U18)	Read	3:37.71
3	B	Finn KENNY (U18) * Anish FRANKLAND (U18) * Lucas OLIVER (U18) * Shaan TUMBER (U18)	H&D	3:38.33
4	A	Gabriel CHEESMAN (U18) * Madalisto VALEMA-MWANZA (U18) * Nathan CLARK (U18) * Oscar SADOWSKI (L	B&B	3:41.12
5				
6				
7				
8				

TEAMS BY AGE GROUP

U18 Men		Points	P4P
1	Blackheath & Bromley H AC	204.0	18,786
2	Woodford Green AC with Essex Ladies	169.0	14,997
3	Reading AC	145.0	13,871
4	Harrow & Dacorum ©	142.0	14,947
5		-	-
5		-	-
5	Windsor Slough Eton & Hounslow AC	-	-
5	Portsmouth + Winchester ©	-	-

SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U18 Women's 100m A Wind 0.2

Posn	Bib	Athlete	Club	Perf	EA
1	A	Sophie TRAN (U18)	B&B	12.49	8
2	F	Shalom PRINCE (U18)	WGEL	12.60	7
3	B	Emma DALTON (U18)	H&D	12.60	7
4	D	Annabelle VANHELSDINGEN (U	Read	12.65	6
5					
6					
7					
8					

U18 Women's 100m B Wind

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Chizam BONIFACE (U18)	B&B	12.65	6
2	DD	Wilhelmina BARWAH (U18)	Read	13.00	4
3	FF	Habiba TIJANI (U18)	WGEL	13.43	2
4	BB	Esther FAPONLE (U18)	H&D	13.43	2
5					
6					
7					
8					

U18 Women's 200m A Wind -2.30

Posn	Bib	Athlete	Club	Perf	EA
1	F	Shalom PRINCE (U18)	WGEL	25.41	9
2	B	Emma DALTON (U18)	H&D	26.09	8
3	A	Sophie TRAN (U18)	B&B	26.15	8
4	D	Wilhelmina BARWAH (U18)	Read	27.34	5
5					
6					
7					
8					

U18 Women's 200m B Wind -0.70

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Chizam BONIFACE (U18)	B&B	25.74	9
2	FF	Evie-Mae MOSANYA (U18)	WGEL	25.77	9
3	BB	Emma WRIGHT (U18)	H&D	26.45	7
4	DD	Isabella PHILLIPS (U18)	Read	26.59	7
5					
6					
7					
8					

U18 Women's 400m A

Posn	Bib	Athlete	Club	Perf	EA
1	D	Bisan MUSA (U18)	Read	57.93	9
2	A	Alice WITHERSPOON (U18)	B&B	63.78	6
3	F	Daisy ANDERSON (U18)	WGEL	64.16	5
4					
5					
6					
7					
8					

U18 Women's 400m B

Posn	Bib	Athlete	Club	Perf	EA
1	DD	Katie NICOLSON (U18)	Read	62.09	6
2					
3					
4					
5					
6					
7					
8					

U18 Women's 800m A

Posn	Bib	Athlete	Club	Perf	EA
1	F	Isla FULLING (U18)	WGEL	2:22.07	
2	D	Katie NICOLSON (U18)	Read	2:23.59	
3	A	Aoife MCDONAGH (U18)	B&B	2:25.03	
4	BB	Freya WHITTAKER (U18)	H&D	2:33.57	
5					
6					
7					
8					

U18 Women's 800m B

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Naimah MOSSI (U18)	B&B	2:29.43	
2	B	Catherine THURGOOD (U18)	H&D	2:35.97	
3	FF	Alice PADIAN (U18)	WGEL	2:43.54	
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U18 Women's 1500m A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Naimah MOSSI (U18)	B&B	4:58.75	5
2	D	Abha PANDA (U18)	Read	4:59.74	5
3	B	Catherine THURGOOD (U18)	H&D	5:25.43	1
4	F	Alice PADIAN (U18)	WGEL	5:31.19	1
5					
6					
7					
8					

U18 Women's 1500m B

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Charlotte STEVENS (U18)	B&B	5:36.75	
2					
3					
4					
5					
6					
7					
8					

U18 Women's 3000m A

Posn	Bib	Athlete	Club	Perf	EA
1	97	Event Not On Timetable			
2					
3					
4					
5					
6					
7					
8					

U18 Women's 3000m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U18 Women's 100m Hurdles A Wind -0.6

Posn	Bib	Athlete	Club	Perf	EA
1	A	Izzy RAE (U18)	B&B	13.93	9
2	BB	Emma NEGOIANU (U18)	H&D	16.66	5
3	F	Ishana MALCOLM (U18)	WGEL	21.08	1
4					
5					
6					
7					
8					

U18 Women's 100m Hurdles B Wind -0.6

Posn	Bib	Athlete	Club	Perf	EA
1	B	Emma WRIGHT (U18)	H&D	17.32	4
2					
3					
4					
5					
6					
7					
8					

U18 Women's 400m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1	D	Bisan MUSA (U18)	Read	66.30	8
2	A	Beth REGAN (U18)	B&B	69.17	6
3	B	Emma WRIGHT (U18)	H&D	69.25	6
4	F	Daisy ANDERSON (U18)	WGEL	78.81	2
5					
6					
7					
8					

U18 Women's 400m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1	BB	Emma NEGOIANU (U18)	H&D	77.29	3
2	FF	Ishana MALCOLM (U18)	WGEL	101.68	
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U18 Women's 1500m SChase A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Hannah CARTER (U18)	B&B	5:43.85	4
2	F	Alice PADIAN (U18)	WGEL	6:19.19	
3					
4					
5					
6					
7					
8					

U18 Women's 1500m SChase B

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Lily BRIDGEMAN (U18)	B&B	6:14.27	1
2					
3					
4					
5					
6					
7					
8					

U18 Women's Long Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Annabelle YEO (U18)	B&B	5.26	7
2	DD	Cecilia FURLEY (U18)	Read	5.11	6
3	F	Remi SALAKO (U18)	WGEL	5.03	6
4	BB	Esther FAPONLE (U18)	H&D	3.07	
5					
6					
7					
8					

U18 Women's Long Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	D	Isabella PHILLIPS (U18)	Read	4.87	5
2	FF	Habiba TIJANI (U18)	WGEL	4.19	2
3	B	Taylor-Shattar SMITH (U18)	H&D	2.69	
4					
5					
6					
7					
8					

U18 Women's High Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Alice WITHERSPOON (U18)	B&B	1.40	4
2	F	Faye OWERS (U18)	WGEL	1.28	2

U18 Women's High Jump B

Posn	Bib	Athlete	Club	Perf	EA

U18 Women's Triple Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Izzy RAE (U18)	B&B	11.33	9
2	D	Isabella PHILLIPS (U18)	Read	11.12	8
3	F	Remi SALAKO (U18)	WGEL	10.74	6
4					
5					
6					
7					
8					

U18 Women's Triple Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	DD	Cecilia FURLEY (U18)	Read	10.69	6
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U18 Women's Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
1	F	Amber HIGGS-SMITH (U18)	WGEL	2.50	5

U18 Women's Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA

U18 Women's Shot Putt 3Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	B	Keira LAKE-BRYAN (U18)	H&D	11.01	6
2	DD	Cecilia FURLEY (U18)	Read	10.76	6
3	AA	Izzy RAE (U18)	B&B	9.32	4
4	FF	Divine IGWE (U18)	WGEL	7.42	1
5					
6					
7					
8					

U18 Women's Shot Putt 3Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	BB	Taylor-Shattar SMITH (U18)	H&D	9.32	4
2	A	Annabelle YEO (U18)	B&B	8.35	2
3	D	Anna NICOLSON (U18)	Read	7.61	1
4	F	Ruby EREWUNMI (U18)	WGEL	7.08	
5					
6					
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8					

U18 Women's Discus 1Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Jackie NZEKWE (U18)	B&B	27.83	4
2	B	Taylor-Shattar SMITH (U18)	H&D	24.56	3
3	D	Anna NICOLSON (U18)	Read	21.32	1
4	F	Ruby EREWUNMI (U18)	WGEL	13.76	
5					
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8					

U18 Women's Discus 1Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Annabelle YEO (U18)	B&B	16.12	
2	FF	Shalom PRINCE (U18)	WGEL	9.84	
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U18 Women's Hammer 3Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Jackie NZEKWE (U18)	B&B	50.06	9
2	B	Keira LAKE-BRYAN (U18)	H&D	47.09	9
3	D	Sienna KEYTE (U18)	Read	30.44	3
4	F	Divine IGWE (U18)	WGEL	29.86	3
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U18 Women's Hammer 3Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	BB	Malia ANDERSON-WATSON (U	H&D	39.22	6
2	FF	Ishana MALCOLM (U18)	WGEL	17.96	
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SOUTH UPPER Premier @ NORMAN PARK ATHLETIC TRACK on 12 July 2026

U18 Women's Javelin 500g A

Posn	Bib	Athlete	Club	Perf	EA
1	F	Kaidy BAPTISTE (U18)	WGEL	21.83	
2	D	Anna NICOLSON (U18)	Read	20.28	
3	A	Jackie NZEKWE (U18)	B&B	17.95	
4	B	Malia ANDERSON-WATSON (U	H&D	15.78	
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7					
8					

U18 Women's Javelin 500g B

Posn	Bib	Athlete	Club	Perf	EA
1	FF	Divine IGWE (U18)	WGEL	9.48	
2	AA	Rowan PEARSON (U18)	B&B	9.37	
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U18 Women's 4 x 100m

Posn	Bib	Runners	Club	Perf	R
1	F	Habiba TIJANI (U18) * Shalom PRINCE (U18) * Caitlin HANCOCK (U18) * Evanna EZE (U18)	WGEL	48.08	
2	A	Izzy RAE (U18) * Sophie TRAN (U18) * Annabelle YEO (U18) * Chizam BONIFACE (U18)	B&B	48.85	
3	D	Annabelle VANHELSDINGEN (U18) * Wilhelmina BARWAH (U18) * Isabella PHILLIPS (U18) * Bisan MUSA (U1	Read	49.49	
4					
5					
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7					
8					

U18 Women's 4 x 400m

Posn	Bib	Runners	Club	Perf
1	A	Beth REGAN (U18) * Naimah MOSSI (U18) * Alice WITHERSPOON (U18) * Sophie TRAN (U18)	B&B	4:09.81
2	D	Nadia ARMAH (U18) * Anna NICOLSON (U18) * Bisan MUSA (U18) * Katie NICOLSON (U18)	Read	4:19.32
3	F	Daisy ANDERSON (U18) * Faye OWERS (U18) * Caitlin HANCOCK (U18) * Evie-Mae MOSANYA (U18)	WGEL	4:25.67
4				
5				
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8				

TEAMS BY AGE GROUP

U18 Women		Points	P4P
1	Blackheath & Bromley H AC	187.0	13,529
2	Woodford Green AC with Essex Ladies	164.0	10,943
3	Reading AC	128.0	10,892
4	Harrow & Dacorum ©	114.0	8,248
5		-	-
5		-	-
5	Windsor Slough Eton & Hounslow AC	-	-
5	Portsmouth + Winchester ©	-	-

UPPER SOUTH Premier NORMAN PARK ATHLETIC TRACK 12/07/2026						
Bib	Athlete	Team Name	Gender	Event	Performance	Wind
220	Lashawn DRAKES U20	Harrow & Dacorum ©	Male	100m	12.26	4.4
200	Daniel OLATUNJI U18	Blackheath & Bromley H AC	Male	100m	11.19	1.7
272	Chiji NWANKWO U20	Woodford Green AC with Essex Ladies	Male	200m	24.88	-2.5
201	Reece MORRIS U18	Blackheath & Bromley H AC	Male	100m	11.99	1.7
273	Samuel KOLAWOLE U18	Woodford Green AC with Essex Ladies	Male	100m	11.56	1.7
201	Reece MORRIS U18	Blackheath & Bromley H AC	Male	200m	24.38	-0.4
239	Nadia ARMAH U18	Reading AC	Female	200m	28.82	-0.7
202	Oscar SADOWSKI U18	Blackheath & Bromley H AC	Male	100m	11.87	1.7
240	Molly BARNES U20	Reading AC	Female	200m	27.17	-1.1
202	Oscar SADOWSKI U18	Blackheath & Bromley H AC	Male	200m	24.21	-0.4