

YDL 2026 UPPER AGE GROUP LEAGUE STRUCTURE - NORTHERN (as at 20 March)

PREMIER EAST		Date & Venue
1	City of Sheffield & Dearne AC	
2	City of York AC	Sun 24 May at University of York
3	Doncaster & Chesterfiel	Sun 19 Apr at Keepmoat stadium, Doncaster
4	Gateshead Harriers & AC	
5	Kingston upon Hull AC	Sun 12 Jul at Costello stadium, Hull
6	Leeds	
7	Spenborough AC	
8	SY Dons©	

Top team to the National Final

PREMIER WEST		Date & Venue
1	Blackburn Harriers & AC	Sun 19 Apr at Witton Park, Blackburn
2	Liverpool Harriers & AC	Sun 24 May at Wavertree stadium, Liverpool
3	North Wales ©	
4	Trafford AC	
5	West Cheshire AC	Sun 12 Jul at Ellesmere Port Sports Village
6	Wigan & District Harriers & AC	
7	Wirral AC	

Top team to the National Final

Bottom team relegated to West 1 division, teams in 5th and 6th to promotion match based on P4P

WEST 1		Date & Venue
1	Blackpool, Wyre & Fylde AC	
2	Bolton United Harriers & AC	
3	Crewe & Nantwich AC	
4	East Cheshire Harriers	
5	Lancaster & Morecambe AC	
6	Leigh Harriers & AC	Sun 24 May at Leigh Sports Village
7	Preston Harriers	Sun 19 Apr at UCLAN Sports Arena
8	Sale Harriers Manchester	
9	St. Helens Sutton AC	
#	Team North Cumbria ©	Sun 12 Jul at Sheepmount, Carlisle

Top team promoted to Premier West division, teams in 2nd and 3rd place to promotion match based on P4P

© = composite team

PROMOTION/RELEGATION SUBJECT TO POSSIBLE CHANGES FOR 2027