LEVEL	LOWER	Track Events Start in Lane
REGION	MIDLAND	
DIVISION	Premier South & West	
MATCH	3	
P/FINISH	YES	1
Timetable	Main	

TOTAL EVENTS	58
NO COMPETITORS/EVENT CANCELLED/NMR/NOT ON TIMET	-
EVENT SCORED	58
REMAINING	-

Date Saturday, July 18 2026

Venue CARDIFF INTERNATIONAL SPORTS STADIUM

Host Club Cardiff Athletics

Bib	Team Name	Abbrev.	Officials	Track	Relays	Field	Total
1	Cardiff Archers AC	C Arch		173.0	32.0	239.0	444.0
2	Cardiff Athletics	Card	48.0	287.0	49.0	157.5	541.5
3	Cheltenham & County Harriers	Chelt	56.0	289.0	46.0	298.5	689.5
4	Gloucester AC	Glouc	12.0	239.0	37.0	254.0	542.0
5	South Wales ©	S Wales	24.0	177.0	12.0	114.0	327.0
6	Swansea Harriers AC	Swan	56.0	217.0	30.0	227.0	530.0
7	Swindon Harriers	Swin	48.0	231.0	31.0	227.0	537.0
-				-	-	-	-

Posn This Match	Team Name	This Match Points	League Points	B/fwd Match	B/fwd League	Total Match	Total League	Standings
1	Cheltenham & County Harriers	689.5	7.0	1277.0	14.0	1966.5	21.0	1
2	Gloucester AC	542.0	6.0	1231.0	12.0	1773.0	18.0	2
3	Cardiff Athletics	541.5	5.0	1003.0	8.0	1544.5	13.0	4
4	Swindon Harriers	537.0	4.0	1172.0	9.0	1709.0	13.0	3
5	Swansea Harriers AC	530.0	3.0	1054.0	7.0	1584.0	10.0	5
6	Cardiff Archers AC	444.0	2.0	852.0	4.0	1296.0	6.0	6
7	South Wales ©	327.0	1.0	799.0	2.0	1126.0	3.0	7
		-						

Posn	*POINTS FOR PERFORMANCE TABLE*	*Points*
1	*Cheltenham & County Harriers*	*61,287*
2	*Gloucester AC*	*51,429*
3	*Cardiff Athletics*	*48,513*
4	*Swindon Harriers*	*47,487*
5	*Swansea Harriers AC*	*46,141*
6	*Cardiff Archers AC*	*43,663*
7	*South Wales ©*	*31,398*

Posn	*Top 10 Scoring Athletes*	*Points*	*Perf*	*Club*	*Event*	*UKYDL*
1	*Oscar BRETT-THOMAS (U14)*	*1,142*	*25.23*	*Card*	*U14 Boys 200m A*	
2	*Efnysien OLDRIDGE (U16)*	*1,130*	*14.85*	*C Arch*	*U16 Boys 100m Hurdles A*	
3	*Carter ACKWANY (U14)*	*1,115*	*25.40*	*Chelt*	*U14 Boys 200m A*	
4	*Oscar BRETT-THOMAS (U14)*	*1,100*	*12.13*	*Card*	*U14 Boys 100m A*	
5	*Glorious KHUNDA (U14)*	*1,077*	*12.20*	*Swan*	*U14 Boys 100m A*	
6	*George-macsen GROSVENOR (U14)*	*1,057*	*25.78*	*Card*	*U14 Boys 200m B*	
7	*Austin GRAY (U16)*	*1,051*	*15.18*	*Glouc*	*U16 Boys 100m Hurdles A*	
8	*Santino PROCTOR (U14)*	*1,035*	*25.92*	*C Arch*	*U14 Boys 200m A*	
9	*Ruby AHERNE (U14)*	*1,033*	*31.12*	*C Arch*	*U14 Girls Javelin 400g A*	
10	*Katriel UDOH (U16)*	*998*	*44.44*	*Swan*	*U16 Girls 300m Hurdles A*	*R*

MIDLAND LOWER Premier South & West @ CARDIFF INTERNATIONAL SPORTS STADIUM on 18 July 2026

U16 Boys 300m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Ted LANCASTER (U16)	S Wales	42.94	8
2	3	Oscar ELKSNIS (U16)	Chelt	44.49	6
3	4	Joe BATTEN (U16)	Glouc	45.60	5
4	1	Efnysien OLDRIDGE (U16)	C Arch	46.06	5
5	7	Jacob REASON (U16)	Swin	47.58	4
6	2	Kevin FENG (U16)	Card	48.93	4
7	6	Sean MU (U16)	Swan	49.64	3
8					

U16 Boys 300m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Jack SHINGLER (U16)	Chelt	45.92	5
2	44	Max BASTOCK (U16)	Glouc	50.47	3
3					
4					
5					
6					
7					
8					

U16 Boys 100m Hurdles A Wind 1.6

Posn	Bib	Athlete	Club	Perf	EA
1	1	Efnysien OLDRIDGE (U16)	C Arch	14.85	7
2	4	Austin GRAY (U16)	Glouc	15.18	6
3	3	Jack SHINGLER (U16)	Chelt	17.53	3
4	6	Ren LEECH-GRIFFITHS (U16)	Swan	19.56	1
5	2	Dylan DWIGHT (U16)	Card	19.77	1
6					
7					
8					

U16 Boys 100m Hurdles B Wind -0.1

Posn	Bib	Athlete	Club	Perf	EA
1	11	Gethin OWEN (U16)	C Arch	15.52	5
2	44	Joe BATTEN (U16)	Glouc	16.70	4
3	33	Oscar ELKSNIS (U16)	Chelt	17.81	3
4					
5					
6					
7					
8					

U16 Boys 100m A Wind -1.3

Posn	Bib	Athlete	Club	Perf	EA
1	1	Daniel BEALE (U16)	C Arch	11.61	7
2	4	Nathaniel MOSES (U16)	Glouc	11.62	7
3	7	Ethan BRYON (U16)	Swin	11.74	7
4	3	William ROBINSON (U16)	Chelt	11.92	6
5	2	Azlaan Khan KHATTAK (U16)	Card	12.00	6
6	5	Osian MURRAY (U16)	S Wales	12.41	4
7	6	Bo CUTHBERTSON (U16)	Swan	12.94	3
8					

U16 Boys 100m B Wind 0.8

Posn	Bib	Athlete	Club	Perf	EA
1	33	Joshua JONES (U16)	Chelt	11.92	6
2	11	Sebastian BARNETT (U16)	C Arch	11.96	6
3	22	Gwri AWOYEMI (U16)	Card	12.07	6
4	44	Toby GRAY (U16)	Glouc	12.15	5
5	55	Steffan PHILLIPS (U16)	S Wales	12.33	4
6	77	Massimo TITI (U16)	Swin	12.67	3
7	66	Jakub HACCHE (U16)	Swan	13.63	
8					

U16 Boys 200m A Wind -0.7

Posn	Bib	Athlete	Club	Perf	EA
1	2	Gethin HUGHES (U16)	Card	23.46	8
2	4	Nathaniel MOSES (U16)	Glouc	23.70	7
3	7	Ethan BRYON (U16)	Swin	24.13	6
4	1	Daniel BEALE (U16)	C Arch	24.35	6
5	3	William ROBINSON (U16)	Chelt	24.98	4
6	5	Steffan PHILLIPS (U16)	S Wales	25.59	3
7	6	Jakub HACCHE (U16)	Swan	27.29	1
8					

U16 Boys 200m B Wind -1.6

Posn	Bib	Athlete	Club	Perf	EA
1	22	Uyiosa DOSOMAH (U16)	Card	23.35	8
2	33	Theo CARR (U16)	Chelt	24.08	6
3	77	Max MALCOLM (U16)	Swin	25.45	3
4	44	Joe BATTEN (U16)	Glouc	25.68	3
5	55	Jack ORAM (U16)	S Wales	30.67	
6					
7					
8					

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U16 Boys 300m A

Posn	Bib	Athlete	Club	Perf	EA
1	7	Luka SHANKLAND (U16)	Swin	37.08	9
2	4	Monty CARRUTHERS (U16)	Glouc	37.18	9
3	3	Sam LUCAS (U16)	Chelt	38.20	8
4	1	Sebastian BARNETT (U16)	C Arch	39.13	7
5	6	Bo CUTHBERTSON (U16)	Swan	41.77	4
6	2	Oscar HAYLES (U16)	Card	44.11	3
7					
8					

U16 Boys 300m B

Posn	Bib	Athlete	Club	Perf	EA
1	44	Callum YATES (U16)	Glouc	37.47	9
2	11	Eesa ali CHISHTI (U16)	C Arch	39.06	7
3	77	Max MALCOLM (U16)	Swin	39.13	7
4	33	Alexander JOICE (U16)	Chelt	39.70	6
5	66	Carwyn STOCK (U16)	Swan	48.33	
6					
7					
8					

U16 Boys 800m A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Callum YATES (U16)	Glouc	02:03.94	
2	5	Rowan GREEN (U16)	S Wales	02:08.12	
3	2	Daniel HOLLINS (U16)	Card	02:11.34	
4	7	Leo KYSON (U16)	Swin	02:11.36	
5	3	Noah DIX (U16)	Chelt	02:12.63	
6	1	Jaxon BROWNE (U16)	C Arch	02:14.11	
7	6	Bo CUTHBERTSON (U16)	Swan	02:26.76	
8					

U16 Boys 800m B

Posn	Bib	Athlete	Club	Perf	EA
1	55	Jacob RIXON (U16)	S Wales	02:04.31	
2	44	Harry OVERTHROW (U16)	Glouc	02:12.45	
3	33	Ethan HENDRY (U16)	Chelt	02:15.13	
4	22	Oscar HAYLES (U16)	Card	02:24.22	
5	77	Max NECREWS (U16)	Swin	02:29.09	
6					
7					
8					

U16 Boys 1500m A

Wind

Posn	Bib	Athlete	Club	Perf	EA
1	7	James MAYNEORD (U16)	Swin	04:23.99	6
2	22	Luca DICKINSON (U16)	Card	04:32.01	5
3	33	Noah SEABRIGHT (U16)	Chelt	04:32.84	5
4	4	Monty CARRUTHERS (U16)	Glouc	04:40.53	4
5	1	Rhodri MILLER (U16)	C Arch	04:41.06	4
6	6	Carwyn STOCK (U16)	Swan	05:01.09	2
7					
8					

U16 Boys 1500m B

Wind

Posn	Bib	Athlete	Club	Perf	EA
1	2	Osian PHILLIPS (U16)	Card	04:33.51	5
2	3	Jack SHINGLER (U16)	Chelt	04:39.25	4
3	44	William SHUTTLEWORTH (U16	Glouc	04:41.44	4
4					
5					
6					
7					
8					

U16 Boys Long Jump A

Posn	Bib	Athlete	Club	Perf		EA
1	1	Harri dylan JONES (U16)	C Arch	5.51	1.1	6
2	22	Kevin FENG (U16)	Card	5.28	0.4	5
3	3	Austin HARRIS (U16)	Chelt	5.19	2.1	5
4	5	Ted LANCASTER (U16)	S Wales	5.16	0.3	5
5	4	Austin GRAY (U16)	Glouc	5.15	1.6	5
6	7	Jacob REASON (U16)	Swin	4.89	0.0	4
7	6	Sean MU (U16)	Swan	3.89	0.0	0.0
8						

U16 Boys Long Jump B

Posn	Bib	Athlete	Club	Perf		EA
1	2	Dylan DWIGHT (U16)	Card	5.17	2.1	5
2	33	Joshua JONES (U16)	Chelt	5.06	1.3	4
3	44	Toby GRAY (U16)	Glouc	4.66	0.7	3
4	77	Max NECREWS (U16)	Swin	3.67	0.6	
5						
6						
7						
8						

U16 Boys High Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Gethin OWEN (U16)	C Arch	1.65	7
2	3	Josh GOODMAN (U16)	Chelt	1.65	7
3	4	Austin GRAY (U16)	Glouc	1.55	5
4	2	Taliesin SKONE (U16)	Card	1.50	4
5	6	Sean MU (U16)	Swan	1.20	
6	7	Max MALCOLM (U16)	Swin	x	

U16 Boys High Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Raphael HAMADA (U16)	Chelt	1.45	3
2	22	Oscar HAYLES (U16)	Card	1.40	2
3	44	Zack SAMMON (U16)	Glouc	x	

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U16 Boys Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Ren LEECH-GRIFFITHS (U16)	Swan	3.10	5
2	1	Gethin OWEN (U16)	C Arch	2.70	3
3	44	Zack SAMMON (U16)	Glouc	2.30	1
4	7	Jacob REASON (U16)	Swin	1.80	

U16 Boys Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA
1	4	Nathaniel MOSES (U16)	Glouc	2.30	1
2	66	Evan BRIGGS (U16)	Swan	2.20	1

U16 Boys Shot 4Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	7	Jacob PENDER (U16)	Swin	12.55	8
2	5	Ted LANCASTER (U16)	S Wales	11.22	6
3	33	Noah SEABRIGHT (U16)	Chelt	10.87	6
4	1	Eesa ali CHISHTI (U16)	C Arch	9.39	3
5	4	Nathan SOCAULT (U16)	Glouc	8.53	2
6	2	Griffith ROBERTS (U16)	Card	8.31	2
7	6	Jakub HACCHE (U16)	Swan	7.59	
8					

U16 Boys Shot 4Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	3	Arthur ROBERTS (U16)	Chelt	10.55	5
2	77	Jacob SUNDERLAND (U16)	Swin	8.99	3
3	44	Charlie DAWES (U16)	Glouc	7.21	
4					
5					
6					
7					
8					

U16 Boys Discus 1.25Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Arthur ROBERTS (U16)	Chelt	35.41	8
2	4	Nathan SOCAULT (U16)	Glouc	32.98	7
3	7	Jacob PENDER (U16)	Swin	29.22	6
4	22	Taliesin SKONE (U16)	Card	28.50	5
5					
6					
7					
8					

U16 Boys Discus 1.25Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Austin HARRIS (U16)	Chelt	26.38	4
2	44	Charlie DAWES (U16)	Glouc	20.34	2
3	2	Dylan DWIGHT (U16)	Card	14.82	
4	77	Max NECREWS (U16)	Swin	11.34	
5					
6					
7					
8					

U16 Boys Hammer 4Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	7	Jacob PENDER (U16)	Swin	48.36	9
2	3	Arthur ROBERTS (U16)	Chelt	39.17	6
3	2	Taliesin SKONE (U16)	Card	31.20	3
4	4	Nathan SOCAULT (U16)	Glouc	24.95	1
5					
6					
7					
8					

U16 Boys Hammer 4Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	77	Jacob SUNDERLAND (U16)	Swin	39.02	6
2	33	Austin HARRIS (U16)	Chelt	24.63	1
3	44	Zack SAMMON (U16)	Glouc	21.49	
4					
5					
6					
7					
8					

MIDLAND LOWER Premier South & West @ CARDIFF INTERNATIONAL SPORTS STADIUM on 18 July 2026

U16 Boys Javelin 600g A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Jacob ANDREWS (U16)	Glouc	42.20	7
2	7	Jacob SUNDERLAND (U16)	Swin	31.11	3
3	33	Joseph RACKOWE (U16)	Chelt	30.41	3
4	6	Ren LEECH-GRIFFITHS (U16)	Swan	29.99	3
5	2	Griffith ROBERTS (U16)	Card	26.44	2
6	1	Daniel BEALE (U16)	C Arch	17.52	
7					
8					

U16 Boys Javelin 600g B

Posn	Bib	Athlete	Club	Perf	EA
1	44	Charlie DAWES (U16)	Glouc	29.41	3
2	3	Noah POTTER (U16)	Chelt	28.21	2
3	77	James MAYNEORD (U16)	Swin	11.90	
4	22	Kevin FENG (U16)	Card	x	
5					
6					
7					
8					

U16 Boys 4 x 100m

Posn	Bib	Runners	Club	Perf
1	2	Gethin HUGHES (U16) * Uyiosa DOSOMAH (U16) * Gwri AWOYEMI (U16) * Azlaan Khan KHATTAK (U16)	Card	45.55
2	3	Bertie BROOKES (U16) * Alexander JOICE (U16) * Joshua JONES (U16) * Theo CARR (U16)	Chelt	47.23
3	4	Toby GRAY (U16) * Joe BATTEN (U16) * Max BASTOCK (U16) * Nathaniel MOSES (U16)	Glouc	47.60
4	7	Massimo TITI (U16) * Luka SHANKLAND (U16) * Leo KYSON (U16) * Ethan BRYON (U16)	Swin	47.69
5	1	Jaxon BROWNE (U16) * Sebastian BARNETT (U16) * Eesa ali CHISHTI (U16) * Efnysien OLDRIDGE (U16)	C Arch	49.26
6				
7				
8				

U16 Boys 4 x 300m

Posn	Bib	Runners	Club	Perf
1	4	Monty CARRUTHERS (U16) * Austin GRAY (U16) * Callum YATES (U16) * Harry OVERTHROW (U16)	Glouc	02:38.67
2	3	Oscar ELKSNIS (U16) * Alexander JOICE (U16) * Noah SEABRIGHT (U16) * Sam LUCAS (U16)	Chelt	02:39.94
3	2	Dylan DWIGHT (U16) * Gethin HUGHES (U16) * Daniel HOLLINS (U16) * Oscar HAYLES (U16)	Card	02:47.43
4	1	Jaxon BROWNE (U16) * Gethin OWEN (U16) * Sebastian BARNETT (U16) * Eesa ali CHISHTI (U16)	C Arch	02:48.54
5	7	James MAYNEORD (U16) * Jacob REASON (U16) * Max NECREWS (U16) * Max MALCOLM (U16)	Swin	02:51.48
6				
7				
8				

TEAMS BY AGE GROUP

U16 Boys		Points	P4P
1	Gloucester AC	196.0	18,048
2	Cheltenham & County Harriers	192.0	18,040
3	Swindon Harriers	143.0	13,194
4	Cardiff Athletics	140.0	12,623
5	Cardiff Archers AC	116.0	11,587
6	Swansea Harriers AC	64.0	4,910
7	South Wales ©	54.0	5,157
8		-	-

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U16 Girls 300m Hurdles A R

Posn	Bib	Athlete	Club	Perf	EA
1	6	Katriel UDOH (U16)	Swan	44.44	9
2	5	Sophia GROVES (U16)	S Wales	50.67	6
3	3	Isla HARVEY (U16)	Chelt	51.95	5
4	2	Abbie WILLIAMS (U16)	Card	51.95	5
5	7	Esha BHALERAO (U16)	Swin	52.49	4
6	4	Alexandra BAILEY (U16)	Glouc	54.18	3
7	1	Abigail MARLOW (U16)	C Arch	61.52	
8					

U16 Girls 300m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Bonnie SHIRLAW (U16)	Chelt	49.53	7
2	66	Darcy GIBBON (U16)	Swan	53.84	3
3	77	Lottie HARDING (U16)	Swin	54.04	3
4	44	Georgie WILLIAMS (U16)	Glouc	54.15	3
5					
6					
7					
8					

U16 Girls 80m Hurdles A Wind 0.3

Posn	Bib	Athlete	Club	Perf	EA
1	6	Rutendo CHASWEKA (U16)	Swan	12.69	8
2	1	Imogen VECCHI (U16)	C Arch	13.09	7
3	7	Freya KAYANI (U16)	Swin	13.15	6
4	3	Bonnie SHIRLAW (U16)	Chelt	13.26	6
5	4	Darcy POOLE (U16)	Glouc	16.98	1
6					
7					
8					

U16 Girls 80m Hurdles B Wind 1.0

Posn	Bib	Athlete	Club	Perf	EA
1	77	Lowri PROSSER (U16)	Swin	13.08	7
2	11	Betsan BRADBURY (U16)	C Arch	13.19	6
3	33	Isla HARVEY (U16)	Chelt	13.56	5
4	66	Sophie DAVIS (U16)	Swan	13.74	5
5	44	Eva BENSON (U16)	Glouc	18.61	
6					
7					
8					

U16 Girls 100m A Wind 0.4

Posn	Bib	Athlete	Club	Perf	EA
1	2	Myla MOSS (U16)	Card	12.68	8
2	1	Olympia MURRAY (U16)	C Arch	12.70	8
3	7	Ugochi ONYIA (U16)	Swin	13.00	6
4	3	Alicia TAYLOR (U16)	Chelt	13.09	6
5	4	Fayola ALIYU (U16)	Glouc	13.28	5
6	6	Somtochi EMENOGU (U16)	Swan	13.34	4
7	5	Leela WILSON (U16)	S Wales	14.03	2
8					

U16 Girls 100m B Wind -1.5

Posn	Bib	Athlete	Club	Perf	EA
1	22	Amelie EDWARDS (U16)	Card	13.25	5
2	44	Olivia PACHULA (U16)	Glouc	13.36	4
3	11	Imogen VECCHI (U16)	C Arch	13.51	3
4	33	Verity GASKIN (U16)	Chelt	13.52	3
5	66	Lucy LI (U16)	Swan	13.56	3
6	77	Sienna BAKALI (U16)	Swin	13.95	2
7	55	Lois WORLOCK (U16)	S Wales	14.93	
8					

U16 Girls 200m A Wind -1

Posn	Bib	Athlete	Club	Perf	EA
1	1	Olympia MURRAY (U16)	C Arch	26.44	6
2	2	Myla MOSS (U16)	Card	26.51	5
3	3	Alicia TAYLOR (U16)	Chelt	27.21	5
4	7	Ugochi ONYIA (U16)	Swin	27.34	4
5	4	Fayola ALIYU (U16)	Glouc	27.35	4
6	6	Somtochi EMENOGU (U16)	Swan	28.09	3
7	5	Leela WILSON (U16)	S Wales	28.79	3
8					

U16 Girls 200m B Wind 0.8

Posn	Bib	Athlete	Club	Perf	EA
1	22	Amelie EDWARDS (U16)	Card	27.17	5
2	44	Olivia PACHULA (U16)	Glouc	27.38	4
3	33	Naomi LAWAL (U16)	Chelt	27.93	4
4	77	Thea SCOBEY (U16)	Swin	27.95	4
5	66	Poppy-may BURGIN (U16)	Swan	28.90	3
6	55	Lois WORLOCK (U16)	S Wales	30.59	1
7					
8					

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U16 Girls 300m A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Amari CAMBRIDGE (U16)	Glouc	42.07	8
2	2	Elinor ROBERTS (U16)	Card	43.70	6
3	5	Isla CARSON (U16)	S Wales	44.08	6
4	6	Lucy LI (U16)	Swan	44.64	5
5	7	Thea SCOBEY (U16)	Swin	44.79	5
6	1	Oghogho EBOIGBE-MITCHELL	C Arch	47.96	3
7	3	Felicity FOO (U16)	Chelt	49.18	2
8					

U16 Girls 300m B

Posn	Bib	Athlete	Club	Perf	EA
1	55	Sophia GROVES (U16)	S Wales	44.89	5
2	66	Gwennan GRUFFYDD (U16)	Swan	45.70	4
3	77	Beth HUMPHREY (U16)	Swin	46.10	4
4	44	Sophie CARTER (U16)	Glouc	46.75	4
5	33	Tara SCHULTZ (U16)	Chelt	47.31	3
6	22	Bethany DAVIES (U16)	Card	49.21	2
7					
8					

U16 Girls 800m A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Rosie ATKINS (U16)	Chelt	02:15.96	
2	7	Beth HUMPHREY (U16)	Swin	02:22.11	
3	6	Lyla JONSSON (U16)	Swan	02:30.62	
4	2	Emilia DAVIES (U16)	Card	02:34.91	
5	4	Alexandra BAILEY (U16)	Glouc	02:44.39	
6	5	Lucy GRIFFITHS (U16)	S Wales	02:57.93	
7	1	Betsan BRADBURY (U16)	C Arch	03:01.04	
8					

U16 Girls 800m B

Posn	Bib	Athlete	Club	Perf	EA
1	77	Freya MCMEEKING (U16)	Swin	02:22.01	
2	22	Emily JENKINS (U16)	Card	02:29.38	
3	33	Kimberley HODGKINSON (U1	Chelt	02:31.12	
4	66	Aisha KEOGH (U16)	Swan	02:32.36	
5	55	Phoebe MORGAN (U16)	S Wales	02:35.47	
6					
7					
8					

U16 Girls 1500m A

Wind

Posn	Bib	Athlete	Club	Perf	EA
1	3	Ivy WIGHTMAN (U16)	Chelt	04:48.51	8
2	7	Ellie CHARLESWORTH (U16)	Swin	04:59.92	6
3	6	Isabelle LAWLEY (U16)	Swan	05:01.89	6
4	4	Lily-Sienna LEON-HODGSON (	Glouc	05:05.30	5
5	2	Rosie TANDY (U16)	Card	05:05.52	5
6					
7					
8					

U16 Girls 1500m B

Wind

Posn	Bib	Athlete	Club	Perf	EA
1	77	Sophia KIRK (U16)	Swin	05:09.14	4
2	22	Lyla PRICHARD (U16)	Card	05:09.84	4
3	66	Zoe THOMPSON (U16)	Swan	05:10.57	4
4	33	Bella WATTS (U16)	Chelt	05:12.05	4
5	44	Isabella SMITH (U16)	Glouc	05:47.96	
6					
7					
8					

U16 Girls Long Jump A

Posn	Bib	Athlete	Club	Perf		EA
1	3	Lily HERDMAN (U16)	Chelt	4.97	0.0	7
2	6	Rutendo CHASWEKA (U16)	Swan	4.92	0.0	6
3	22	Abbie WILLIAMS (U16)	Card	4.73	-1.9	6
4	7	Esha BHALERAO (U16)	Swin	4.52	0.0	5
5	11	Darcy LETMAN-HIGGINS (U16	C Arch	4.49	0.0	4
6	4	Amari CAMBRIDGE (U16)	Glouc	4.25	-3.4	4
7	55	Amelia MOSES (U16)	S Wales	3.75	-1.9	-1.9
8						

U16 Girls Long Jump B

Posn	Bib	Athlete	Club	Perf		EA
1	33	Lucy WILSON (U16)	Chelt	4.61	-2.4	5
2	1	Imogen VECCHI (U16)	C Arch	4.29	-2.0	4
3	66	Sophie DAVIS (U16)	Swan	4.28	-2.8	4
4	44	Eva BENSON (U16)	Glouc	4.25	0.0	4
5	2	Lyla PRICHARD (U16)	Card	4.06	-1.9	3
6	77	Amelie DODGSON (U16)	Swin	4.06	-3.2	3
7	5	Meadow MORRIS (U16)	S Wales	3.59	-0.5	1
8						

U16 Girls High Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Katriel UDOH (U16)	Swan	1.65	9
2	7	Lowri PROSSER (U16)	Swin	1.45	6
3	33	Bonnie SHIRLAW (U16)	Chelt	1.45	6
4	2	Abbie WILLIAMS (U16)	Card	1.40	5
5	4	Alexandra BAILEY (U16)	Glouc	1.35	4
6	11	Betsan BRADBURY (U16)	C Arch	x	

U16 Girls High Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	66	Elizabeth NSOZZI (U16)	Swan	1.50	7
2	3	Isla MCRITCHIE (U16)	Chelt	1.40	5
3	44	Ruby KING (U16)	Glouc	1.30	3
4	77	Amelie DODGSON (U16)	Swin	1.20	1

MIDLAND LOWER Premier South & West @ CARDIFF INTERNATIONAL SPORTS STADIUM on 18 July 2026

U16 Girls Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
1	7	Esha BHALERAO (U16)	Swin	3.16	9
2	3	Zephie TURBARD (U16)	Chelt	2.40	6
3	4	Bethan HOLLOWAY (U16)	Glouc	1.70	3

U16 Girls Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA
1	77	Lowri PROSSER (U16)	Swin	2.90	8
2	44	Darcy POOLE (U16)	Glouc	x	

U16 Girls Shot 3Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Bethan HOLLOWAY (U16)	Glouc	11.16	8
2	6	Sarai COX (U16)	Swan	9.83	6
3	7	Ellie CHARLESWORTH (U16)	Swin	8.66	4
4	11	Millie HISCOTT (U16)	C Arch	8.58	4
5	3	Verity GASKIN (U16)	Chelt	7.91	3
6	55	Sophie WEBB (U16)	S Wales	7.85	3
7	22	Amelie EDWARDS (U16)	Card	6.00	
8					

U16 Girls Shot 3Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Isla MCRITCHIE (U16)	Chelt	7.17	2
2	44	Eloise ADCOCK (U16)	Glouc	7.04	1
3	5	Luci SIMS (U16)	S Wales	6.52	1
4	66	Scarlett SNELGROVE (U16)	Swan	6.02	
5	77	Amelie DODGSON (U16)	Swin	5.98	
6	2	Eva MARTIN (U16)	Card	4.87	
7					
8					

U16 Girls Discus 1Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Zephie TURBARD (U16)	Chelt	30.07	8
2	1	Millie HISCOTT (U16)	C Arch	27.65	7
3	2	Bethany DAVIES (U16)	Card	21.60	5
4	7	Ellie CHARLESWORTH (U16)	Swin	19.72	4
5	4	Eloise ADCOCK (U16)	Glouc	18.95	3
6	6	Alice CALDWELL (U16)	Swan	17.36	3
7					
8					

U16 Girls Discus 1Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	11	Fleur WARNER (U16)	C Arch	23.44	6
2	33	Naomi KELLY (U16)	Chelt	14.22	1
3	66	Scarlett SNELGROVE (U16)	Swan	11.67	
4	77	Izzie MOORE (U16)	Swin	11.19	
5					
6					
7					
8					

U16 Girls Hammer 3Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	7	Lottie HARDING (U16)	Swin	44.39	9
2	3	Zephie TURBARD (U16)	Chelt	33.85	6
3	6	Jessica POLLARD (U16)	Swan	23.63	2
4	1	Fleur WARNER (U16)	C Arch	22.22	2
5	44	Ruby KING (U16)	Glouc	15.24	
6					
7					
8					

U16 Girls Hammer 3Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Naomi KELLY (U16)	Chelt	21.12	2
2	11	Millie HISCOTT (U16)	C Arch	14.77	
3	66	Sarai COX (U16)	Swan	x	
4	4	Eloise ADCOCK (U16)	Glouc	x	
5					
6					
7					
8					

MIDLAND LOWER Premier South & West @ CARDIFF INTERNATIONAL SPORTS STADIUM on 18 July 2026

U16 Girls Javelin 500g A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Bethan HOLLOWAY (U16)	Glouc	40.20	8
2	3	Naomi KELLY (U16)	Chelt	27.68	3
3	7	Izzie MOORE (U16)	Swin	20.56	1
4	22	Elinor ROBERTS (U16)	Card	19.44	
5	1	Fleur WARNER (U16)	C Arch	18.48	
6	5	Sophia GROVES (U16)	S Wales	17.51	
7	6	Jessica POLLARD (U16)	Swan	12.19	
8					

U16 Girls Javelin 500g B

Posn	Bib	Athlete	Club	Perf	EA
1	44	Darcy POOLE (U16)	Glouc	20.85	1
2	2	Bethany DAVIES (U16)	Card	18.23	
3	33	Verity GASKIN (U16)	Chelt	17.32	
4	55	Ailsa WEBBER (U16)	S Wales	16.71	
5	77	Freya MCMEEKING (U16)	Swin	14.55	
6	66	Somtochi EMENOGU (U16)	Swan	11.06	
7					
8					

U16 Girls 4 x 100m

Posn	Bib	Runners	Club	Perf
1	6	Poppy-may BURGIN (U16) * Rutendo CHASWEKA (U16) * Somtochi EMENOGU (U16) * Katriel UDOH (U16)	Swan	50.78
2	3	Lucy WILSON (U16) * Naomi LAWAL (U16) * Bonnie SHIRLAW (U16) * Alicia TAYLOR (U16)	Chelt	51.45
3	1	Betsan BRADBURY (U16) * Imogen VECCHI (U16) * Olympia MURRAY (U16) * Tilly-mae MORRIS (U16)	C Arch	51.98
4	4	Bethan HOLLOWAY (U16) * Olivia PACHULA (U16) * Georgie WILLIAMS (U16) * Fayola ALIYU (U16)	Glouc	52.16
5	2	Eva MARTIN (U16) * Amelie EDWARDS (U16) * Lilianna KUTZENDORFER (U16) * Myla MOSS (U16)	Card	53.58
6	7	Sienna BAKALI (U16) * Sophia KIRK (U16) * Esha BHALERAO (U16) * Thea SCOBEY (U16)	Swin	54.33
7	5	Leela WILSON (U16) * Sophia GROVES (U16) * Lacey CLISSOLD (U16) * Lois WORLOCK (U16)	S Wales	58.00
8				

U16 Girls 4 x 300m

Posn	Bib	Runners	Club	Perf
1	7	Lowri PROSSER (U16) * Freya MCMEEKING (U16) * Ellie CHARLESWORTH (U16) * Beth HUMPHREY (U16)	Swin	03:01.95
2	3	Isla HARVEY (U16) * Ivy WIGHTMAN (U16) * Rosie ATKINS (U16) * Kimberley HODGKINSON (U16)	Chelt	03:03.41
3	2	Lyla PRICHARD (U16) * Emilia DAVIES (U16) * Rosie TANDY (U16) * Emily JENKINS (U16)	Card	03:07.17
4	6	Lyla JONSSON (U16) * Darcy GIBBON (U16) * Gwennan GRUFFYDD (U16) * Lucy LI (U16)	Swan	03:07.50
5	4	Ruby KING (U16) * Eva BENSON (U16) * Georgie WILLIAMS (U16) * Sophie CARTER (U16)	Glouc	03:07.50
6				
7				
8				

TEAMS BY AGE GROUP

U16 Girls		Points	P4P
1	Cheltenham & County Harriers	196.0	17,374
2	Swindon Harriers	178.0	16,649
3	Swansea Harriers AC	159.0	15,409
4	Gloucester AC	143.0	12,288
5	Cardiff Athletics	125.0	11,456
6	Cardiff Archers AC	104.0	8,953
7	South Wales ©	63.0	6,269
8		-	-

MIDLAND LOWER Premier South & West @ CARDIFF INTERNATIONAL SPORTS STADIUM on 18 July 2026

U14 Boys 80m Hurdles A Wind -0.4

Posn	Bib	Athlete	Club	Perf	EA
1	3	Rupert BRIDGES (U14)	Chelt	12.57	6
2	4	Johannes MUNDY (U14)	Glouc	12.80	6
3	5	Eli ALAN (U14)	S Wales	12.98	5
4	2	Farley PRICHARD (U14)	Card	14.80	3
5	7	Sam LYNE (U14)	Swin	17.19	
6	6	Christian NSOZZI (U14)	Swan	DQ	
7					
8					

U14 Boys 80m Hurdles B Wind -1.2

Posn	Bib	Athlete	Club	Perf	EA
1	33	Liam GREEN (U14)	Chelt	13.30	5
2	44	Aryan MURRAY (U14)	Glouc	14.56	3
3	22	George BAILEY (U14)	Card	15.34	2
4	66	Theo LEWIS-WRIGHT (U14)	Swan	15.72	2
5					
6					
7					
8					

U14 Boys 100m A Wind -0.9

Posn	Bib	Athlete	Club	Perf	EA
1	2	Oscar BRETT-THOMAS (U14)	Card	12.13	9
2	6	Glorious KHUNDA (U14)	Swan	12.20	9
3	3	Carter ACKWANY (U14)	Chelt	12.59	7
4	1	Henry PATERSON (U14)	C Arch	13.29	5
5	4	Aryan MURRAY (U14)	Glouc	13.56	4
6	5	Nikko ASHILL-BROWN (U14)	S Wales	13.61	4
7	7	Kwaku MENSAH (U14)	Swin	13.78	4
8					

U14 Boys 100m B Wind -0.2

Posn	Bib	Athlete	Club	Perf	EA
1	22	George-macsen GROSVENOR	Card	12.81	6
2	11	Gil HANNIFORD (U14)	C Arch	13.64	4
3	33	Freddie HARRISON (U14)	Chelt	13.81	3
4	66	Caden lee HOPKINS (U14)	Swan	14.30	2
5	55	Maxwell CHARLES (U14)	S Wales	14.49	2
6	44	Tommy DANIELL (U14)	Glouc	14.60	2
7	77	Jacob LOPEZ-SEPA (U14)	Swin	14.85	1
8					

U14 Boys 200m A Wind 0.4

Posn	Bib	Athlete	Club	Perf	EA
1	2	Oscar BRETT-THOMAS (U14)	Card	25.23	9
2	3	Carter ACKWANY (U14)	Chelt	25.40	9
3	1	Santino PROCTOR (U14)	C Arch	25.92	9
4	6	Glorious KHUNDA (U14)	Swan	26.51	9
5	5	Nikko ASHILL-BROWN (U14)	S Wales	27.49	7
6	7	Kwaku MENSAH (U14)	Swin	28.40	6
7	4	Tommy DANIELL (U14)	Glouc	29.64	4
8					

U14 Boys 200m B Wind -1.2

Posn	Bib	Athlete	Club	Perf	EA
1	22	George-macsen GROSVENOR	Card	25.78	9
2	11	Syd JAMES (U14)	C Arch	26.50	9
3	66	Lewis LI (U14)	Swan	26.60	9
4	44	Noah SUTTON (U14)	Glouc	27.47	7
5	33	Rupert BRIDGES (U14)	Chelt	27.75	7
6	77	Reuben KANE (U14)	Swin	30.29	2
7	55	Samuel CARTER (U14)	S Wales	34.97	
8					

U14 Boys 800m A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Farley PRICHARD (U14)	Card	02:11.66	
2	4	Henry TIPPER (U14)	Glouc	02:20.16	
3	5	Jack WOODHOUSE (U14)	S Wales	02:23.81	
4	6	Thomas MORGAN (U14)	Swan	02:28.92	
5	7	Reuben KANE (U14)	Swin	02:30.25	
6	3	Joseph BRADSHAW (U14)	Chelt	02:31.06	
7					
8					

U14 Boys 800m B

Posn	Bib	Athlete	Club	Perf	EA
1	55	Fred JONES (U14)	S Wales	02:19.59	
2	44	Noah SUTTON (U14)	Glouc	02:19.99	
3	22	Riley NEALON (U14)	Card	02:22.09	
4	66	Aeron HILL (U14)	Swan	02:35.34	
5	33	Benjamin LEWIS (U14)	Chelt	02:41.08	
6	77	Miles PARKER (U14)	Swin	02:45.64	
7					
8					

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U14 Boys 1500m A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Otto DAVENPORT JONES (U1	Chelt	04:27.66	8
2	5	Rowan CARSON (U14)	S Wales	04:29.31	8
3	6	Tomi JONES (U14)	Swan	04:32.15	8
4	2	George BAILEY (U14)	Card	04:50.37	5
5	44	Owen WOOD (U14)	Glouc	05:00.27	4
6	7	Lewis PARKER (U14)	Swin	05:02.67	4
7	1	Tom COUCH (U14)	C Arch	05:09.97	4
8					

U14 Boys 1500m B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Charlie NEALE (U14)	Chelt	04:58.88	5
2	66	Jacka OCALLAGHAN (U14)	Swan	05:09.16	4
3	22	Isaac HURLEY (U14)	Card	05:18.90	3
4	55	Bay LAWRENCE (U14)	S Wales	05:19.85	3
5					
6					
7					
8					

U14 Boys Long Jump A

Posn	Bib	Athlete	Club	Perf		EA
1	4	Johannes MUNDY (U14)	Glouc	4.97	0.2	7
2	33	Rupert BRIDGES (U14)	Chelt	4.92	0.0	7
3	55	Eli ALAN (U14)	S Wales	4.72	0.1	6
4	6	Christian NSOZZI (U14)	Swan	4.55	1.0	5
5	2	Oscar BRETT-THOMAS (U14)	Card	4.51	0.4	5
6	1	Gil HANNIFORD (U14)	C Arch	4.21	0.3	4
7	7	Sam LYNE (U14)	Swin	3.41	0.1	0.1
8						

U14 Boys Long Jump B

Posn	Bib	Athlete	Club	Perf		EA
1	3	Alastair MACKIE (U14)	Chelt	4.45	1.0	5
2	22	George BAILEY (U14)	Card	4.21	0.5	4
3	66	Thomas MORGAN (U14)	Swan	4.11	1.6	3
4	44	Tommy DANIELL (U14)	Glouc	3.82	0.2	2
5	5	Samuel CARTER (U14)	S Wales	3.67	0.7	2
6	11	Henry PATERSON (U14)	C Arch	3.49	0.0	1
7	77	Miles PARKER (U14)	Swin	2.32	0.3	
8						

U14 Boys High Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Santino PROCTOR (U14)	C Arch	1.55	8
2	3	Alastair MACKIE (U14)	Chelt	1.50	7
3	4	Owen WOOD (U14)	Glouc	1.50	7
4	6	Christian NSOZZI (U14)	Swan	1.40	5
5	2	Farley PRICHARD (U14)	Card	1.35	4

U14 Boys High Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Liam GREEN (U14)	Chelt	1.50	7
2	11	Toby PARRY (U14)	C Arch	1.35	4
3	66	Gabriel LEECH-GRIFFITHS (U1	Swan	1.25	2

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U14 Boys Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Theo LEWIS-WRIGHT (U14)	Swan	2.20	3
2	1	Owen KARSERAS (U14)	C Arch	1.90	1
3	7	Jacob LOPEZ-SEPA (U14)	Swin	1.90	1
4	4	Aryan MURRAY (U14)	Glouc	1.90	1
5	3	Liam GREEN (U14)	Chelt	1.80	1

U14 Boys Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA

U14 Boys Shot 3Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Santino PROCTOR (U14)	C Arch	10.27	7
2	44	Jacob HOLLOWAY (U14)	Glouc	9.51	6
3	6	Dhruv MUMMIGATTI (U14)	Swan	9.01	5
4	55	Maxwell CHARLES (U14)	S Wales	8.59	4
5	2	George-macsen GROSVENOR	Card	8.42	4
6	3	Carter ACKWANY (U14)	Chelt	7.77	2
7	7	Miles PARKER (U14)	Swin	4.94	
8					

U14 Boys Shot 3Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	11	Toby PARRY (U14)	C Arch	8.77	4
2	66	Thomas MORGAN (U14)	Swan	8.69	4
3	5	Jack KELLAND (U14)	S Wales	8.31	4
4	4	Toby BROOKS (U14)	Glouc	7.56	2
5	22	Riley NEALON (U14)	Card	7.55	2
6	33	Dylan HOCKIN (U14)	Chelt	6.97	1
7					
8					

U14 Boys Discus 1Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Johannes MUNDY (U14)	Glouc	26.54	6
2	1	Toby PARRY (U14)	C Arch	25.31	5
3	3	Joseph SHEPPEE (U14)	Chelt	22.63	4
4	6	Max BURTON (U14)	Swan	16.88	1
5	7	Sam LYNE (U14)	Swin	15.22	
6					
7					
8					

U14 Boys Discus 1Kg B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Boys Hammer 3Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Joseph SHEPPEE (U14)	Chelt	25.49	5
2	4	Jacob HOLLOWAY (U14)	Glouc	24.13	5
3	1	Syd JAMES (U14)	C Arch	20.21	3
4	6	Henry BATEMAN (U14)	Swan	19.54	3
5					
6					
7					
8					

U14 Boys Hammer 3Kg B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

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U14 Boys Javelin 500g A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Joseph SHEPPEE (U14)	Chelt	38.17	8
2	5	Eli ALAN (U14)	S Wales	29.85	5
3	4	Jacob HOLLOWAY (U14)	Glouc	25.84	4
4	1	Frankie DUDDRIDGE (U14)	C Arch	24.98	4
5	6	Henry BATEMAN (U14)	Swan	19.87	2
6	2	Riley NEALON (U14)	Card	19.64	2
7	7	Lewis PARKER (U14)	Swin	8.98	
8					

U14 Boys Javelin 500g B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Boys 4 x 100m

Posn	Bib	Runners	Club	Perf
1	2	George-macsen GROSVENOR (U14) * Riley NEALON (U14) * Farley PRICHARD (U14) * Oscar BRETT-THOMA	Card	50.98
2	1	Syd JAMES (U14) * Santino PROCTOR (U14) * Henry PATERSON (U14) * Gil HANNIFORD (U14)	C Arch	51.07
3	3	Liam GREEN (U14) * Alastair MACKIE (U14) * Rupert BRIDGES (U14) * Carter ACKWANY (U14)	Chelt	51.50
4	6	Max BURTON (U14) * Jacka OCALLAGHAN (U14) * Thomas MORGAN (U14) * Glorious KHUNDA (U14)	Swan	54.37
5	4	Jacob HOLLOWAY (U14) * Henry TIPPER (U14) * Noah SUTTON (U14) * Aryan MURRAY (U14)	Glouc	54.83
6	5	Maxwell CHARLES (U14) * Jack KELLAND (U14) * Jack WOODHOUSE (U14) * Eli ALAN (U14)	S Wales	56.05
7	7	Samuel OJO (U14) * Tobias LEE-GERRISH (U14) * Reuben KANE (U14) * Kwaku MENSAH (U14)	Swin	59.08
8				

TEAMS BY AGE GROUP

U14 Boys		Points	P4P
1	Cheltenham & County Harriers	143.0	15,082
2	Swansea Harriers AC	118.0	12,748
3	Gloucester AC	116.0	12,370
4	Cardiff Athletics	111.0	12,426
5	Cardiff Archers AC	105.0	10,935
6	South Wales ©	80.0	9,311
7	Swindon Harriers	51.0	5,717
8		-	-

MIDLAND LOWER Premier South & West @ CARDIFF INTERNATIONAL SPORTS STADIUM on 18 July 2026

U14 Girls 75m Hurdles A Wind -2.5

Posn	Bib	Athlete	Club	Perf	EA
1	6	Lily SHUBIN (U14)	Swan	11.85	9
2	7	Isla VAN EADY (U14)	Swin	12.02	8
3	3	Nylah ABITIMO-JONES (U14)	Chelt	13.01	5
4	1	Livvi PHILLIPS (U14)	C Arch	13.13	5
5	4	Lucia ILESANMI (U14)	Glouc	13.55	4
6	2	Rachael HARRIES-JONES (U14	Card	14.55	3
7	5	Elizabeth MORGAN (U14)	S Wales	17.79	
8					

U14 Girls 75m Hurdles B Wind -1.4

Posn	Bib	Athlete	Club	Perf	EA
1	55	Myla OSBORNE (U14)	S Wales	13.06	5
2	22	Eryn BUNSTON (U14)	Card	13.32	5
3	66	Matilda WARCHAL (U14)	Swan	13.39	5
4	33	Ava BAILEY (U14)	Chelt	13.58	4
5	44	Gabriela TERAUDE (U14)	Glouc	13.79	4
6	77	Annabel REICHERT (U14)	Swin	14.35	3
7	11	Catrin TOMOS (U14)	C Arch	15.90	1
8					

U14 Girls 100m A Wind -0.6

Posn	Bib	Athlete	Club	Perf	EA
1	2	Summer BEADLE (U14)	Card	13.04	9
2	3	Julia WIECZOREK (U14)	Chelt	13.32	8
3	7	Isla VAN EADY (U14)	Swin	13.63	7
4	4	Angelina PAVLOVA (U14)	Glouc	13.71	7
5	5	Lola COOKSEY (U14)	S Wales	13.78	6
6	6	Sofia MORGAN (U14)	Swan	13.88	6
7	1	Charlotte BROMILEY (U14)	C Arch	13.90	6
8					

U14 Girls 100m B Wind 0.7

Posn	Bib	Athlete	Club	Perf	EA
1	22	Florence HALL (U14)	Card	13.12	9
2	66	Mia PUNTAN (U14)	Swan	13.64	7
3	77	Thea DOWLING (U14)	Swin	14.05	6
4	55	Mali BEYNON (U14)	S Wales	14.06	5
5	11	Livvi PHILLIPS (U14)	C Arch	14.12	5
6	44	Ruby LIDDINGTON (U14)	Glouc	14.52	4
7	33	Annabelle KING (U14)	Chelt	14.55	4
8					

U14 Girls 200m A Wind -0.6

Posn	Bib	Athlete	Club	Perf	EA
1	2	Janae NUGENT (U14)	Card	26.86	9
2	3	Julia WIECZOREK (U14)	Chelt	27.56	9
3	7	Thea DOWLING (U14)	Swin	28.21	8
4	6	Sofia MORGAN (U14)	Swan	28.41	8
5	5	Lola COOKSEY (U14)	S Wales	28.42	8
6	4	Lucia ILESANMI (U14)	Glouc	28.45	8
7	1	Mari GEORGE (U14)	C Arch	30.28	4
8					

U14 Girls 200m B Wind 0.5

Posn	Bib	Athlete	Club	Perf	EA
1	22	Florence HALL (U14)	Card	27.14	9
2	44	Gabriela TERAUDE (U14)	Glouc	29.08	7
3	66	Matilda WARCHAL (U14)	Swan	29.71	6
4	55	Mali BEYNON (U14)	S Wales	29.82	6
5	77	Molly KINSELLA (U14)	Swin	29.92	5
6	33	Annabelle KING (U14)	Chelt	30.38	4
7	11	Catrin TOMOS (U14)	C Arch	31.72	3
8					

U14 Girls 800m A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Betty LANCASTER (U14)	S Wales	02:26.90	
2	7	Matylda KRAUSE (U14)	Swin	02:29.70	
3	2	Madeleine NUNN (U14)	Card	02:30.03	
4	6	Molly-mae MCQUEEN (U14)	Swan	02:30.22	
5	3	Jess BAILEY (U14)	Chelt	02:40.40	
6	1	Mari GEORGE (U14)	C Arch	02:47.25	
7	4	Lily KING (U14)	Glouc	03:33.47	
8					

U14 Girls 800m B

Posn	Bib	Athlete	Club	Perf	EA
1	77	Florence JEFFRIES (U14)	Swin	02:29.28	
2	55	Isabelle KELLAND (U14)	S Wales	02:29.90	
3	66	Sienna WOOLLISCROFT (U14)	Swan	02:37.98	
4	22	isla DAVEY (U14)	Card	02:41.16	
5	11	Celyn JONES (U14)	C Arch	02:52.62	
6	33	Annabelle KING (U14)	Chelt	03:18.59	
7					
8					

MIDLAND LOWER Premier South & West @ CARDIFF INTERNATIONAL SPORTS STADIUM on 18 July 2026

U14 Girls 1500m A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Daisy MOSLEY (U14)	Card	05:02.24	8
2	3	Matilda LAWTON (U14)	Chelt	05:17.55	6
3	66	Olive KNUTSON-WATSON (U1	Swan	05:30.10	4
4	7	Molly MCMEEKING (U14)	Swin	05:33.69	4
5	55	Lilah PUGH (U14)	S Wales	05:33.78	4
6	4	Ruby LIDDINGTON (U14)	Glouc	05:42.15	3
7	11	Isabelle HUMPHREYS (U14)	C Arch	05:42.16	3
8					

U14 Girls 1500m B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Avery CHURCH (U14)	Chelt	05:19.20	5
2	22	Emily EVANS (U14)	Card	05:19.74	5
3	77	Ella HAYWARD-O'NEILL (U14)	Swin	05:34.97	4
4	1	Elsie ROWLANDS (U14)	C Arch	05:43.82	3
5	6	Ruby HARVEY-FLINN (U14)	Swan	05:54.12	2
6	44	Ruby SLEEMAN (U14)	Glouc	06:08.63	
7	5	Megan RICHARDS (U14)	S Wales	06:29.57	
8					

U14 Girls Long Jump A

Posn	Bib	Athlete	Club	Perf		EA
1	1	Celyn JONES (U14)	C Arch	4.70	1.3	8
2	6	Etta BLATCHFORD (U14)	Swan	4.49	1.2	7
3	22	Summer BEADLE (U14)	Card	4.38	2.1	7
4	5	Betty LANCASTER (U14)	S Wales	4.14	1.6	6
5	33	Kitty WIEGAND (U14)	Chelt	4.01	1.6	5
6	7	Ella HAYWARD-O'NEILL (U14)	Swin	4.00	1..8	5
7	4	Lucia ILESANMI (U14)	Glouc	3.92	2.1	2.1
8						

U14 Girls Long Jump B

Posn	Bib	Athlete	Club	Perf		EA
1	66	Mari CHOWDHURY (U14)	Swan	4.25	0.7	6
2	44	Gabriela TERAUDE (U14)	Glouc	3.78	1.3	4
3	11	Esme BURT (U14)	C Arch	3.67	0.3	4
4	77	Iris DODGSON (U14)	Swin	3.61	2.2	3
5	55	Lola COOKSEY (U14)	S Wales	3.58	1.9	3
6	3	Eliza MASON (U14)	Chelt	3.57	1.5	3
7						
8						

U14 Girls High Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Charlotte BROMILEY (U14)	C Arch	1.45	8
2	5	Myla OSBORNE (U14)	S Wales	1.40	7
3	7	Mistral LYONS (U14)	Swin	1.40	7
4	66	Ruby UNDERWOOD (U14)	Swan	1.30	5
5	4	Angelina PAVLOVA (U14)	Glouc	1.25	4
6=	2	Rachael HARRIES-JONES (U14	Card	1.25	4
6=	3	Nylah ABITIMO-JONES (U14)	Chelt	1.25	

U14 Girls High Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	11	Celyn JONES (U14)	C Arch	1.45	8
2	6	Etta BLATCHFORD (U14)	Swan	1.30	5
3	55	Isabelle KELLAND (U14)	S Wales	1.25	4
4	33	Kitty WIEGAND (U14)	Chelt	1.20	3
5	22	Eryn BUNSTON (U14)	Card	1.20	3
6	44	Lily KING (U14)	Glouc	1.15	2

MIDLAND LOWER Premier South & West @ CARDIFF INTERNATIONAL SPORTS STADIUM on 18 July 2026

U14 Girls Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Lily SHUBIN (U14)	Swan	2.50	9
2	1	Charlotte BROMILEY (U14)	C Arch	2.40	8
3	7	Mistral LYONS (U14)	Swin	2.30	7
4	4	Angelina PAVLOVA (U14)	Glouc	x	

U14 Girls Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA

U14 Girls Shot 2.72Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Esme BURT (U14)	C Arch	10.23	9
2	5	Saffron WEAVER (U14)	S Wales	8.07	5
3	7	Emily WILKINS (U14)	Swin	7.89	5
4	44	Elysia ENDRUWEIT-PHILLIMOI	Glouc	7.42	4
5	3	Nylah ABITIMO-JONES (U14)	Chelt	7.23	4
6	66	Flo NEWTON-THOMAS (U14)	Swan	7.21	4
7	2	Florence HALL (U14)	Card	6.98	
8					

U14 Girls Shot 2.72Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	55	Betty LANCASTER (U14)	S Wales	7.52	4
2	6	Mali CRONIN (U14)	Swan	6.75	3
3	33	Naima JENNINGS (U14)	Chelt	5.53	1
4	22	Eryn BUNSTON (U14)	Card	5.42	
5	11	Livvi PHILLIPS (U14)	C Arch	4.95	
6	77	Iman ASSAMI (U14)	Swin	4.62	
7	4	Ruby SLEEMAN (U14)	Glouc	4.47	
8					

U14 Girls Discus 0.75Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Ruby AHERNE (U14)	C Arch	29.14	9
2	3	Jess BAILEY (U14)	Chelt	20.76	5
3	6	Flo NEWTON-THOMAS (U14)	Swan	18.77	4
4	7	Iman ASSAMI (U14)	Swin	18.38	4
5	4	Lily KING (U14)	Glouc	16.70	3
6	2	Hadiya TAUFIQURRAHMAN (U	Card	14.15	2
7	5	Elizabeth MORGAN (U14)	S Wales	13.65	
8					

U14 Girls Discus 0.75Kg B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Girls Hammer 2Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	7	Emily WILKINS (U14)	Swin	31.64	7
2	1	Ruby AHERNE (U14)	C Arch	29.48	6
3	2	Rachael HARRIES-JONES (U14	Card	29.01	6
4	6	Catrin JONES (U14)	Swan	28.17	6
5	3	Jessica ARRENBERG (U14)	Chelt	27.67	6
6	4	Elysia ENDRUWEIT-PHILLIMOI	Glouc	23.13	4
7	5	Saffron WEAVER (U14)	S Wales	21.68	
8					

U14 Girls Hammer 2Kg B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

MIDLAND LOWER Premier South & West @ CARDIFF INTERNATIONAL SPORTS STADIUM on 18 July 2026

U14 Girls Javelin 400g A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Ruby AHERNE (U14)	C Arch	31.12	8
2	7	Amelia-marie COMLEY (U14)	Swin	23.13	5
3	6	Mali CRONIN (U14)	Swan	19.32	3
4	5	Saffron WEAVER (U14)	S Wales	16.48	2
5	3	Jessica ARRENBERG (U14)	Chelt	15.60	2
6	4	Elysia ENDRUWEIT-PHILLIMOI	Glouc	12.77	1
7	2	Hadiya TAUFIQURRAHMAN (U	Card	11.83	
8					

U14 Girls Javelin 400g B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Girls 4 x 100m

Posn	Bib	Runners	Club	Perf
1	2	Rachael HARRIES-JONES (U14) * Florence HALL (U14) * Madeleine NUNN (U14) * Summer BEADLE (U14)	Card	53.25
2	6	Sofia MORGAN (U14) * Lily SHUBIN (U14) * Mia PUNTAN (U14) * Mari CHOWDHURY (U14)	Swan	54.09
3	3	Annabelle KING (U14) * Nylah ABITIMO-JONES (U14) * Kitty WIEGAND (U14) * Julia WIECZOREK (U14)	Chelt	55.51
4	1	Charlotte BROMILEY (U14) * Mari GEORGE (U14) * Livvi PHILLIPS (U14) * Celyn JONES (U14)	C Arch	56.19
5	5	Lola COOKSEY (U14) * Mali BEYNON (U14) * Isabelle KELLAND (U14) * Elizabeth MORGAN (U14)	S Wales	57.91
6	4	Lily KING (U14) * Lucia ILESANMI (U14) * Gabriela TERAUDE (U14) * Angelina PAVLOVA (U14)	Glouc	57.97
7	7	Ella HAYWARD-O'NEILL (U14) * Marlow EVANS (U14) * Mistral LYONS (U14) * Thea DOWLING (U14)	Swin	58.34
8				

TEAMS BY AGE GROUP

U14 Girls		Points	P4P
1	Swansea Harriers AC	133.0	13,074
2	Cardiff Archers AC	119.0	12,188
3	Cardiff Athletics	117.5	12,008
4	Swindon Harriers	117.0	11,927
5	South Wales ©	106.0	10,661
6	Cheltenham & County Harriers	102.5	10,791
7	Gloucester AC	75.0	8,723
8		-	-

LOWER MIDLAND Premier South & West CARDIFF INTERNATIONAL SPORTS STADIUM 18/07/2026						
Bib	Athlete	Team Name	Gender	Event	Performance	Wind
190	Eva TANDY U14	Cardiff Athletics	Female	100m	14.00	-1.2
199	Gwri AWOYEMI U16	Cardiff Athletics	Male	Long Jump	5.16	1.0
194	Lilianna KUTZENDORFER U16	Cardiff Athletics	Female	100m	13.97	0.7
183	Esme BURT U14	Cardiff Archers AC	Female	Discus	20.43	
208	Dylan HOCKIN U14	Cheltenham & County Harriers	Male	Long Jump	4.07	0.0
169	Isabelle RILEY U16	Cheltenham & County Harriers	Female	High Jump	1.25	
123	Lily KING U14	Gloucester AC	Female	200m	30.84	-1.0
134	Georgie WILLIAMS U16	Gloucester AC	Female	100m	13.66	0.7
496	Jack KELLAND U14	South Wales ©	Male	Discus	19.67	
208	Elsie WILLIAMS U14	South Wales ©	Female	Hammer	23.87	
468	Luke WOODHOUSE U16	South Wales ©	Male	800m	2.16.04	
332	Meadow MORRIS U16	South Wales ©	Female	100m	15.25	0.7
426	Gabriel LEECH-GRIFFITHS U14	Swansea Harriers AC	Male	Pole Vault	2.10	
248	Ruby UNDERWOOD U14	Swansea Harriers AC	Female	Pole Vault	2.10	
464	Iyinoluwateleola OSINUBI U16	Swansea Harriers AC	Female	Long Jump	3.89	
373	Annabel REICHERT U14	Swindon Harriers	Female	Pole Vault	1.90	
198	Sion MITCHELL U14	Cardiff Athletics	Male	800m	2.22.78	
194	Lilianna KUTZENDORFER U16	Cardiff Athletics	Female	200m	27.89	0.8
185	Darcy LETMAN-HIGGINS U16	Cardiff Archers AC	Female	100m	13.68	0.7
209	Eliza MASON U14	Cheltenham & County Harriers	Female	100m	14.91	-1.2
35	Sebastian SHEPPARD U16	Cheltenham & County Harriers	Male	800m	2.13.56	
132	Lucy WILSON U16	Cheltenham & County Harriers	Female	100m	13.66	0.7
203	Max BASTOCK U16	Gloucester AC	Male	100m	13.03	0.8
496	Jack KELLAND U14	South Wales ©	Male	100m	14.87	-2.1
213	Myla OSBORNE U14	South Wales ©	Female	100m	13.61	-1.2
465	Jack ORAM U16	South Wales ©	Male	100m	14.44	0.8
240	Lacey CLISSOLD U16	South Wales ©	Female	200m	32.50	0.8
399	Jacka OCALLAGHAN U14	Swansea Harriers AC	Male	200m	28.72	-0.1
253	Sienna ALLEN-CHAPLIN U14	Swansea Harriers AC	Female	100m	17.01	-1.2
457	Caitlyn ANTHONY U16	Swansea Harriers AC	Female	100m	14.18	0.7
323	Tobias LEE-GERRISH U14	Swindon Harriers	Male	200m	33.51	-1.0
372	Alice AVERIES U14	Swindon Harriers	Female	800m	2.43.56	
497	Massimo TITI U16	Swindon Harriers	Male	200m	27.32	-1.6
192	Emily RAPPS U14	Cardiff Athletics	Female	75m Hurdles	12.80	-1.4
188	Henry PATERSON U14	Cardiff Archers AC	Male	200m	27.30	-0.1
173	Lily HERDMAN U16	Cheltenham & County Harriers	Female	100m	12.77	0.7
207	Jake MITTON U16	Gloucester AC	Male	800m	2.30.82	
474	Arthur WEBBER U14	South Wales ©	Male	1500m	5.44.01	
218	Georgia ROGERS U14	South Wales ©	Female	800m	2.38.81	
240	Lacey CLISSOLD U16	South Wales ©	Female	300m	51.99	
387	Aeron HILL U14	Swansea Harriers AC	Male	200m	30.92	-0.1
283	Mari CHOWDHURY U14	Swansea Harriers AC	Female	100m	14.17	-1.2
454	Darcy GIBBON U16	Swansea Harriers AC	Female	800m	2.31.67	
499	Samuel OJO U14	Swindon Harriers	Male	100m	13.87	-2.1
193	Summer BEADLE U14	Cardiff Athletics	Female	200m	27.47	-1.0
196	Eva MARTIN U16	Cardiff Athletics	Female	1500m	5.04.97	
114	Bertie BROOKES U16	Cheltenham & County Harriers	Male	100m	16:48.00	0.8
175	Clara FRAMPTON U14	South Wales ©	Female	800m	2.56.64	
374	Max BURTON U14	Swansea Harriers AC	Male	100m	14.75	-2.1

LOWER MIDLAND Premier South & West CARDIFF INTERNATIONAL SPORTS STADIUM 18/07/2026						
Bib	Athlete	Team Name	Gender	Event	Performance	Wind
305	Sofie COTTRELL U14	Swansea Harriers AC	Female	800m	2.54.68	
427	Eliza PARRY U16	Swansea Harriers AC	Female	800m	2.32.54	
200	Marlow EVANS U14	Swindon Harriers	Female	200m	31.31	-0.1
307	Leo KYSON U16	Swindon Harriers	Male	300m	38.99	
325	Izzie MOORE U16	Swindon Harriers	Female	1500m	5.15.82	