

LEVEL	LOWER	Track Events Start in Lane
REGION	NORTH	
DIVISION	West 3N	
MATCH	3	
P/FINISH	YES	
Timetable	Main	1

TOTAL EVENTS	58
NO COMPETITORS/EVENT CANCELLED/NMR/NOT ON TIMETAI	-
EVENT SCORED	45
REMAINING	13

Date Saturday, July 18 2026

Venue SHEEPMOUNT ATHLETICS STADIUM

Host Club Team North Cumbria ©

Bib	Team Name	Abbrev.	Officials	Track	Relays	Field	Total
1	Blackpool Wyre & Fylde AC	BWF	-	104.0	8.0	64.0	176.0
2	Horwich RMI Harriers	Horw	12.0	119.0	14.0	54.0	199.0
3	Lancaster & Morecambe AC	L&M	4.0	83.0	26.0	92.0	205.0
4	St. Helens Sutton AC	SHS	-	110.0	5.0	84.0	199.0
5	Team North Cumbria ©	T N Cumb	56.0	149.0	19.0	138.0	362.0
-				-	-	10.0	10.0
-				-	-	10.0	10.0
-				-	-	10.0	10.0

Posn This Match	Team Name	This Match Points	League Points	B/fwd Match	B/fwd League	Total Match	Total League	Standings
1	Team North Cumbria ©	362.0	5.0	603.5	6.0	965.5	11.0	1
2	Lancaster & Morecambe AC	205.0	4.0	649.0	6.0	854.0	10.0	2
3	St. Helens Sutton AC	199.0	2.5	513.5	5.0	712.5	7.5	4
3	Horwich RMI Harriers	199.0	2.5	605.0	7.0	804.0	9.5	3
5	Blackpool Wyre & Fylde AC	176.0	1.0	323.0	5.0	499.0	6.0	5
		-						
		-						
		-						

Posn	POINTS FOR PERFORMANCE TABLE	Points
1	Team North Cumbria ©	24,591
2	Blackpool Wyre & Fylde AC	16,464
3	Horwich RMI Harriers	16,032
4	St. Helens Sutton AC	14,035
5	Lancaster & Morecambe AC	12,800
6		770
6		770
6		770

Posn	Top 10 Scoring Athletes	Points	Perf	Club	Event	UKYDL
1	Alex SMITH (U14)	1,125	25.34	BWF	U14 Boys 200m A	
2	Alex SMITH (U14)	1,031	12.34	BWF	U14 Boys 100m A	
3	Esme RUTTER (U16)	917	45.70	BWF	U16 Girls 300m Hurdles A	
4	Alice MADDAMS (U14)	862	40.18	T N Cumb	U14 Girls Hammer 2Kg A	
5	James GODDARD (U14)	858	02:15.86	SHS	U14 Boys 800m A	
6	Amy JOHNSTONE (U16)	849	12.55	T N Cumb	U16 Girls 100m A	
7	Amy JOHNSTONE (U16)	834	25.77	T N Cumb	U16 Girls 200m A	
8	Eva SNOWDON (U14)	833	23.35	T N Cumb	U14 Girls Javelin 400g A	
9	Owen STEPHENS (U14)	822	27.39	L&M	U14 Boys 200m A	
10	Thomas FITZPATRICK (U16)	801	11.51	T N Cumb	U16 Boys 100m A	

NORTH LOWER West 3N @ SHEEPMOUNT ATHLETICS STADIUM on 18 July 2026

U16 Boys 300m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U16 Boys 300m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U16 Boys 100m Hurdles A

Posn	Bib	Athlete	Wind	Club	Perf	EA
1						
2						
3						
4						
5						
6						
7						
8						

U16 Boys 100m Hurdles B

Posn	Bib	Athlete	Wind	Club	Perf	EA
1						
2						
3						
4						
5						
6						
7						
8						

U16 Boys 100m A

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	5	Thomas FITZPATRICK (U16)	-0.7	T N Cumb	11.51	8
2	2	Oscar BURKE (U16)		Horw	11.64	7
3	3	Samuel temiloola ONIKEKU (U16)		L&M	12.65	3
4	4	Pilip MISKA (U16)		SHS	13.88	
5						
6						
7						
8						

U16 Boys 100m B

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	55	Thomas DOWNIE (U16)	-0.7	T N Cumb	12.35	4
2	22	Jack CLEWORTH (U16)		Horw	13.03	2
3	33	George WADDINGTON (U16)		L&M	13.13	2
4						
5						
6						
7						
8						

U16 Boys 200m A

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	5	Thomas FITZPATRICK (U16)	-1.4	T N Cumb	24.01	6
2	2	Oscar BURKE (U16)		Horw	24.53	5
3	3	George WADDINGTON (U16)		L&M	27.87	
4	4	Pilip MISKA (U16)		SHS	28.82	
5						
6						
7						
8						

U16 Boys 200m B

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	55	Harry CATTERMOLE (U16)	-1.4	T N Cumb	27.17	1
2						
3						
4						
5						
6						
7						
8						

NORTH LOWER West 3N @ SHEEPMOUNT ATHLETICS STADIUM on 18 July 2026

U16 Boys 300m A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Thomas DOWNIE (U16)	T N Cumb	39.38	6
2	2	Flynn HARRIS (U16)	Horw	40.29	5
3	4	Miles HEGARTY (U16)	SHS	42.51	4
4					
5					
6					
7					
8					

U16 Boys 300m B

Posn	Bib	Athlete	Club	Perf	EA
1	55	Harry CATTERMOLLE (U16)	T N Cumb	39.76	6
2	22	William BIRKIN (U16)	Horw	43.78	3
3	44	Bobby BIRKETT (U16)	SHS	47.31	1
4					
5					
6					
7					
8					

U16 Boys 800m A

Posn	Bib	Athlete	Club	Perf	EA
1	2	William BIRKIN (U16)	Horw	02:16.59	
2	4	Lucas VINE (U16)	SHS	02:20.32	
3	3	Harry MACLUSKIE (U16)	L&M	02:36.88	
4					
5					
6					
7					
8					

U16 Boys 800m B

Posn	Bib	Athlete	Club	Perf	EA
1	44	Jaydon HUGHES (U16)	SHS	02:34.47	
2					
3					
4					
5					
6					
7					
8					

U16 Boys 1500m A

Posn	Bib	Athlete	Club	Perf	EA
1	4		SHS	04:39.19	4
2	2	Flynn HARRIS (U16)	Horw	04:53.85	3
3					
4					
5					
6					
7					
8					

U16 Boys 1500m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U16 Boys Long Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Oscar BURKE (U16)	Horw	5.47	6
2	5	Harry CATTERMOLLE (U16)	T N Cumb	5.29	5
3	1	Abdulsamad ABDULKAREEM (U16)	BWF	5.27	5
4	33	Kerr SLAUGHTER (U16)	L&M	4.49	2
5	4	Lucas VINE (U16)	SHS	3.88	
6					
7					
8					

U16 Boys Long Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Jack CLEWORTH (U16)	Horw	4.22	1
2	44	Miles HEGARTY (U16)	SHS	3.81	
3					
4					
5					
6					
7					
8					

U16 Boys High Jump A

Posn	Bib	Athlete	Club	Perf	EA
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U16 Boys High Jump B

Posn	Bib	Athlete	Club	Perf	EA
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NORTH LOWER West 3N @ SHEEPMOUNT ATHLETICS STADIUM on 18 July 2026

U16 Boys Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
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U16 Boys Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA
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U16 Boys Shot 4Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Thomas DOWNIE (U16)	T N Cumb	10.07	4
2	3	Harry MACLUSKIE (U16)	L&M	6.94	
3	4	Oliver SHARP (U16)	SHS	5.85	
4					
5					
6					
7					
8					

U16 Boys Shot 4Kg B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U16 Boys Discus 1.25Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Flynn HARRIS (U16)	Horw	20.69	2
2	44	Miles HEGARTY (U16)	SHS	17.42	
3					
4					
5					
6					
7					
8					

U16 Boys Discus 1.25Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	22	William BIRKIN (U16)	Horw	15.74	
2	4	Bobby BIRKETT (U16)	SHS	13.32	
3					
4					
5					
6					
7					
8					

U16 Boys Hammer 4Kg A

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U16 Boys Hammer 4Kg B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

NORTH LOWER West 3N @ SHEEPMOUNT ATHLETICS STADIUM on 18 July 2026
U16 Boys Javelin 600g A

Posn	Bib	Athlete	Club	Perf	EA
1	33	Harry MACLUSKIE (U16)	L&M	13.03	
2	4	Jaydon HUGHES (U16)	SHS	8.06	
3					
4					
5					
6					
7					
8					

U16 Boys Javelin 600g B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U16 Boys 4 x 100m

Posn	Bib	Runners	Club	Perf
1	3	Samuel temiloola ONIKEKU (U16) * Harry MACLUSKIE (U16) * George WADDINGTON (U16) * Kerr SLAUGHTER (U16)	L&M	54.28
2				
3				
4				
5				
6				
7				
8				

U16 Boys 4 x 300m

Posn	Bib	Runners	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

TEAMS BY AGE GROUP

U16 Boys	Points	P4P
1 Horwich RMI Harriers	68.0	5,530
2 St. Helens Sutton AC	64.0	3,573
3 Team North Cumbria ©	56.0	4,990
4 Lancaster & Morecambe AC	44.0	2,482
5 Blackpool Wyre & Fylde AC	5.0	657
6	-	-
6	-	-
6	-	-

NORTH LOWER West 3N @ SHEEPMOUNT ATHLETICS STADIUM on 18 July 2026

U16 Girls 300m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Esme RUTTER (U16)	BWF	45.70	9
2	2	Millie REID (U16)	Horw	48.98	8
3					
4					
5					
6					
7					
8					

U16 Girls 300m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U16 Girls 80m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Esme RUTTER (U16)	BWF	12.40	9
2	2	Isobel REID (U16)	Horw	13.63	5
3	4	Chloe BROWNBILL (U16)	SHS	16.77	1
4					
5					
6					
7					
8					

U16 Girls 80m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1	11	Olivia WINDOWS (U16)	BWF	DNF	
2					
3					
4					
5					
6					
7					
8					

U16 Girls 100m A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Amy JOHNSTONE (U16)	T N Cumb	12.55	9
2	1	Hannah WALLWORK (U16)	BWF	13.36	4
3	2	Lily MORT (U16)	Horw	13.86	2
4	3	Isabella INGHAM (U16)	L&M	14.22	1
5	4	Chloe BROWNBILL (U16)	SHS	15.27	
6					
7					
8					

U16 Girls 100m B

Posn	Bib	Athlete	Club	Perf	EA
1	11	Emily CLARKSON (U16)	BWF	13.50	4
2	55	Sophie LESSELS (U16)	T N Cumb	13.98	2
3	22	Grace HOYTE (U16)	Horw	14.81	
4					
5					
6					
7					
8					

U16 Girls 200m A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Amy JOHNSTONE (U16)	T N Cumb	25.77	7
2	1	Emily CLARKSON (U16)	BWF	27.93	4
3	2	Jessie COX (U16)	Horw	29.07	1
4					
5					
6					
7					
8					

U16 Girls 200m B

Posn	Bib	Athlete	Club	Perf	EA
1	11	Dolly ZAWISTOWICZ-WILLIAM	BWF	28.14	3
2	22	Tabitha MCNAIR (U16)	Horw	29.08	1
3	55	Cristina MACFADDEN (U16)	T N Cumb	31.64	
4					
5					
6					
7					
8					

NORTH LOWER West 3N @ SHEEPMOUNT ATHLETICS STADIUM on 18 July 2026

U16 Girls 300m A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Millie REID (U16)	Horw	43.30	6
2	1	Hannah WALLWORK (U16)	BWF	43.73	6
3	4	Sophie LANG (U16)	SHS	45.88	4
4	5	Sophie LESSELS (U16)	T N Cumb	46.19	4
5	3	Sienna THORLEY (U16)	L&M	48.93	3
6					
7					
8					

U16 Girls 300m B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Sarah LAWMAN (U16)	Horw	44.26	5
2	11	Zina SHARPE (U16)	BWF	46.03	4
3	44	Melissa GODDARD (U16)	SHS	50.88	2
4					
5					
6					
7					
8					

U16 Girls 800m A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Tess MULLEN (U16)	SHS	02:25.25	
2	11	Hannah WALLWORK (U16)	BWF	02:32.35	
3	2	Grace FREARY (U16)	Horw	02:44.41	
4	5	Ella WALKER (U16)	T N Cumb	02:49.21	
5	3	Alice BRIFFETT (U16)	L&M	02:55.52	
6					
7					
8					

U16 Girls 800m B

Posn	Bib	Athlete	Club	Perf	EA
1	1	Lily-rose MCMINNIS (U16)	BWF	02:34.41	
2	44	Sophie LANG (U16)	SHS	02:36.07	
3	33	Sofia WINTERBOTTOM (U16)	L&M	02:57.13	
4					
5					
6					
7					
8					

U16 Girls 1500m A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Sienna THORLEY (U16)	L&M	05:19.57	3
2	5	Heidi GARFORTH (U16)	T N Cumb	05:26.11	2
3	4	Melissa GODDARD (U16)	SHS	05:32.26	2
4					
5					
6					
7					
8					

U16 Girls 1500m B

Posn	Bib	Athlete	Club	Perf	EA
1	44	Lily MCKEEGAN (U16)	SHS	05:50.19	
2					
3					
4					
5					
6					
7					
8					

U16 Girls Long Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Emily CLARKSON (U16)	BWF	4.36	4
2	2	Isobel REID (U16)	Horw	4.33	4
3	44	Lily MCKEEGAN (U16)	SHS	3.79	2
4	5	Sophie LESSELS (U16)	T N Cumb	3.67	1
5	3	Sienna THORLEY (U16)	L&M	3.66	1
6					
7					
8					

U16 Girls Long Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	11	Dolly ZAWISTOWICZ-WILLIAM	BWF	4.35	4
2	22	Millie REID (U16)	Horw	4.23	3
3	33	Sofia WINTERBOTTOM (U16)	L&M	3.16	
4	4	Sophie LANG (U16)	SHS	3.14	
5					
6					
7					
8					

U16 Girls High Jump A

Posn	Bib	Athlete	Club	Perf	EA
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U16 Girls High Jump B

Posn	Bib	Athlete	Club	Perf	EA
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NORTH LOWER West 3N @ SHEEPMOUNT ATHLETICS STADIUM on 18 July 2026

U16 Girls Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
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U16 Girls Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA
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U16 Girls Shot 3Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Evelyn GRAHAM (U16)	T N Cumb	8.04	3
2	1	Zina SHARPE (U16)	BWF	7.21	2
3	2	Isobel REID (U16)	Horw	6.40	
4	4	Chloe BROWNBILL (U16)	SHS	5.67	
5	33	Olivia HEMINGWAY (U16)	L&M	5.05	
6					
7					
8					

U16 Girls Shot 3Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	55	Athena PERESTRELO (U16)	T N Cumb	7.65	3
2	11	Lily-rose MCMINNIS (U16)	BWF	5.46	
3	3	Alice BRIFFETT (U16)	L&M	5.01	
4					
5					
6					
7					
8					

U16 Girls Discus 1Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Sydney KNIGHT (U16)	T N Cumb	23.14	6
2	1	Georgia ALLMARK (U16)	BWF	16.31	2
3	33	Sofia WINTERBOTTOM (U16)	L&M	9.18	
4					
5					
6					
7					
8					

U16 Girls Discus 1Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	55	Athena PERESTRELO (U16)	T N Cumb	15.21	2
2	3	Olivia HEMINGWAY (U16)	L&M	8.99	
3					
4					
5					
6					
7					
8					

U16 Girls Hammer 3Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Sydney KNIGHT (U16)	T N Cumb	28.69	4
2	31			21.97	2
3	4	Melissa GODDARD (U16)	SHS	15.31	
4					
5					
6					
7					
8					

U16 Girls Hammer 3Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	55	Athena PERESTRELO (U16)	T N Cumb	27.12	4
2	341			13.87	
3	44	Lily MCKEEGAN (U16)	SHS	12.32	
4					
5					
6					
7					
8					

NORTH LOWER West 3N @ SHEEPMOUNT ATHLETICS STADIUM on 18 July 2026

U16 Girls Javelin 500g A

Posn	Bib	Athlete	Club	Perf	EA
1	11	Olivia WINDOWS (U16)	BWF	20.13	
2	3	Isabella INGHAM (U16)	L&M	14.20	
3	5	Evelyn GRAHAM (U16)	T N Cumb	11.98	
4					
5					
6					
7					
8					

U16 Girls Javelin 500g B

Posn	Bib	Athlete	Club	Perf	EA
1	1	Georgia ALLMARK (U16)	BWF	19.90	
2	33	Olivia HEMINGWAY (U16)	L&M	7.83	
3					
4					
5					
6					
7					
8					

U16 Girls 4 x 100m

Posn	Bib	Runners	Club	Perf
1	1	Hannah WALLWORK (U16) * Emily CLARKSON (U16) * Dolly ZAWISTOWICZ-WILLIAMS (U16) * Esme RUTTER	BWF	52.39
2	2	Tabitha MCNAIR (U16) * Jessie COX (U16) * Grace HOYTE (U16) * Lily MORT (U16)	Horw	55.18
3	5	Christina MONKHOUSE (U16) * Cristina MACFADDEN (U16) * Ella WALKER (U16) * Amy JOHNSTONE (U16)	T N Cumb	56.16
4	3	Olivia HEMINGWAY (U16) * Isabella INGHAM (U16) * Sienna THORLEY (U16) * Sofia WINTERBOTTOM (U16)	L&M	60.04
5				
6				
7				
8				

U16 Girls 4 x 300m

Posn	Bib	Runners	Club	Perf
1	2	Millie REID (U16) * Grace FREARY (U16) * Isobel REID (U16) * Sarah LAWMAN (U16)	Horw	03:09.85
2	5	Ella WALKER (U16) * Christina MONKHOUSE (U16) * Heidi GARFORTH (U16) * Sophie LESSELS (U16)	T N Cumb	03:17.32
3	4	Lily MCKEEGAN (U16) * Sophie LANG (U16) * Melissa GODDARD (U16) * Tess MULLEN (U16)	SHS	03:24.04
4				
5				
6				
7				
8				

TEAMS BY AGE GROUP

U16 Girls	Points	P4P
1 Blackpool Wyre & Fylde AC	114.0	10,038
2 Team North Cumbria ©	99.0	7,937
3 Horwich RMI Harriers	77.0	6,470
4 St. Helens Sutton AC	63.0	4,260
5 Lancaster & Morecambe AC	56.0	3,253
6	10.0	770
6	10.0	770
6	10.0	770

NORTH LOWER West 3N @ SHEEPMOUNT ATHLETICS STADIUM on 18 July 2026

U14 Boys 80m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Boys 80m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Boys 100m A

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Boys 100m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Boys 200m A

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Boys 200m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Boys 800m A

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Boys 800m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

NORTH LOWER West 3N @ SHEEPMOUNT ATHLETICS STADIUM on 18 July 2026

U14 Boys 1500m A

Posn	Bib	Athlete	Club	Perf	EA
1	55	Adam HORN (U14)	T N Cumb	05:28.74	2
2					
3					
4					
5					
6					
7					
8					

U14 Boys 1500m B

Posn	Bib	Athlete	Club	Perf	EA
1	5	Ted DONOHOE (U14)	T N Cumb	05:52.28	
2					
3					
4					
5					
6					
7					
8					

U14 Boys Long Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	55	Owain ROBERTS (U14)	T N Cumb	4.39	5
2	3	Albie HARDMAN (U14)	L&M	4.36	4
3	4	Albie O'NEILL (U14)	SHS	3.42	1
4					
5					
6					
7					
8					

U14 Boys Long Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	5	Ted DONOHOE (U14)	T N Cumb	3.98	3
2					
3					
4					
5					
6					
7					
8					

U14 Boys High Jump A

Posn	Bib	Athlete	Club	Perf	EA
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U14 Boys High Jump B

Posn	Bib	Athlete	Club	Perf	EA
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NORTH LOWER West 3N @ SHEEPMOUNT ATHLETICS STADIUM on 18 July 2026

U14 Boys Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
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U14 Boys Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA
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U14 Boys Shot 3Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Albie HARDMAN (U14)	L&M	7.39	2
2	2	Theo BOLTON (U14)	Horw	7.23	1
3	5	Charlie GRAHAM (U14)	T N Cumb	6.46	
4	4	Harry JACKSON (U14)	SHS	4.78	
5					
6					
7					
8					

U14 Boys Shot 3Kg B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Boys Discus 1Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Jack PARRINGTON (U14)	L&M	14.83	
2	5	Charlie GRAHAM (U14)	T N Cumb	13.08	
3					
4					
5					
6					
7					
8					

U14 Boys Discus 1Kg B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Boys Hammer 3Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Harry JACKSON (U14)	SHS	14.07	1
2					
3					
4					
5					
6					
7					
8					

U14 Boys Hammer 3Kg B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

NORTH LOWER West 3N @ SHEEPMOUNT ATHLETICS STADIUM on 18 July 2026
U14 Boys Javelin 500g A

Posn	Bib	Athlete	Club	Perf	EA
1	4	James GODDARD (U14)	SHS	26.56	4
2	5	Charlie GRAHAM (U14)	T N Cumb	18.28	1
3	3	Owen STEPHENS (U14)	L&M	X	
4					
5					
6					
7					
8					

U14 Boys Javelin 500g B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Boys 4 x 100m

Posn	Bib	Runners	Club	Perf
1	3	Albie HARDMAN (U14) * Benjamin KELVIN WYATT (U14) * Owen STEPHENS (U14) * Jack PARRINGTON (U14)	L&M	56.56
2				
3				
4				
5				
6				
7				
8				

TEAMS BY AGE GROUP

U14 Boys	Points	P4P
1 Team North Cumbria ©	68.0	4,643
2 Lancaster & Morecambe AC	50.0	3,716
3 St. Helens Sutton AC	40.0	3,106
4 Blackpool Wyre & Fylde AC	16.0	2,156
5 Horwich RMI Harriers	11.0	1,126
6	-	-
6	-	-
6	-	-

NORTH LOWER West 3N @ SHEEPMOUNT ATHLETICS STADIUM on 18 July 2026

U14 Girls 75m Hurdles A

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	5	Alice MADDAMS (U14)	-2.2	T N Cumb	13.76	4
2						
3						
4						
5						
6						
7						
8						

U14 Girls 75m Hurdles B

Posn	Bib	Athlete	Wind	Club	Perf	EA
1						
2						
3						
4						
5						
6						
7						
8						

U14 Girls 100m A

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	1	Alana DANN (U14)	-0.7	BWF	13.61	7
2	4	Emilia BRISCOE (U14)		SHS	13.97	6
3	5	Skye-olivia NUGENT (U14)		T N Cumb	14.25	5
4	3	Ailsa ROBERTS (U14)		L&M	16.27	
5						
6						
7						
8						

U14 Girls 100m B

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	44	Sara HOSTY (U14)	-0.9	SHS	14.03	6
2	11	Juno JUSTINS NANCHANGI (U14)		BWF	14.30	5
3	55	Tara PURKISS (U14)		T N Cumb	14.54	4
4						
5						
6						
7						
8						

U14 Girls 200m A

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	1	Lacy REGAN (U14)	0.1	BWF	28.58	7
2	2	Amelie WORMALD (U14)		Horw	29.01	7
3	4	Emilia BRISCOE (U14)		SHS	29.23	6
4	5	Skye-olivia NUGENT (U14)		T N Cumb	30.12	5
5	3	Silvia PARSONS (U14)		L&M	32.11	2
6						
7						
8						

U14 Girls 200m B

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	11	Alana DANN (U14)	-1.5	BWF	28.06	8
2	22	Winnie LANCASTER (U14)		Horw	28.36	8
3	44	Sara HOSTY (U14)		SHS	28.74	7
4	55	Sofia MACFADDEN (U14)		T N Cumb	30.55	4
5						
6						
7						
8						

U14 Girls 800m A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Amelie WORMALD (U14)	Horw	02:31.14	
2	5	Tara PURKISS (U14)	T N Cumb	02:50.67	
3	3	Scarlet GORA (U14)	L&M	02:55.44	
4					
5					
6					
7					
8					

U14 Girls 800m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

NORTH LOWER West 3N @ SHEEPMOUNT ATHLETICS STADIUM on 18 July 2026

U14 Girls 1500m A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Winnie LANCASTER (U14)	Horw	05:23.68	5
2	3	Sophia DAVIES (U14)	L&M	05:41.62	3
3	5	Seraphina PULLEN (U14)	T N Cumb	05:46.38	2
4					
5					
6					
7					
8					

U14 Girls 1500m B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Silvia PARSONS (U14)	L&M	05:45.91	2
2					
3					
4					
5					
6					
7					
8					

U14 Girls Long Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	44	Sara HOSTY (U14)	SHS	4.01	5
2	5	Sofia MACFADDEN (U14)	T N Cumb	3.94	5
3	1	Grace KIRKHAM (U14)	BWF	3.79	4
4	3	Ailsa ROBERTS (U14)	L&M	3.60	3
5					
6					
7					
8					

U14 Girls Long Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	55	Seraphina PULLEN (U14)	T N Cumb	3.36	2
2	4	Emilia BRISCOE (U14)	SHS	3.25	2
3	33	Scarlet GORA (U14)	L&M	3.21	2
4					
5					
6					
7					
8					

U14 Girls High Jump A

Posn	Bib	Athlete	Club	Perf	EA
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U14 Girls High Jump B

Posn	Bib	Athlete	Club	Perf	EA
------	-----	---------	------	------	----

NORTH LOWER West 3N @ SHEEPMOUNT ATHLETICS STADIUM on 18 July 2026

U14 Girls Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
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U14 Girls Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA
------	-----	---------	------	------	----

U14 Girls Shot 2.72Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Sophia DAVIES (U14)	L&M	7.23	4
2	5	Eva SNOWDON (U14)	T N Cumb	6.33	2
3	2	Winnie LANCASTER (U14)	Horw	5.15	
4	1	Grace KIRKHAM (U14)	BWF	4.72	
5					
6					
7					
8					

U14 Girls Shot 2.72Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	11	Juno JUSTINS NANCHANGI (U1)	BWF	4.62	
2					
3					
4					
5					
6					
7					
8					

U14 Girls Discus 0.75Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Eva SNOWDON (U14)	T N Cumb	15.72	2
2					
3					
4					
5					
6					
7					
8					

U14 Girls Discus 0.75Kg B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Girls Hammer 2Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Alice MADDAMS (U14)	T N Cumb	40.18	9
2					
3					
4					
5					
6					
7					
8					

U14 Girls Hammer 2Kg B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

NORTH LOWER West 3N @ SHEEPMOUNT ATHLETICS STADIUM on 18 July 2026
U14 Girls Javelin 400g A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Eva SNOWDON (U14)	T N Cumb	23.35	5
2	3	Sophia DAVIES (U14)	L&M	15.74	2
3					
4					
5					
6					
7					
8					

U14 Girls Javelin 400g B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Girls 4 x 100m

Posn	Bib	Runners	Club	Perf
1	5	Alice MADDAMS (U14) * Skye-olivia NUGENT (U14) * Sofia MACFADDEN (U14) * Tara PURKISS (U14)	T N Cumb	57.59
2	3	Sophia DAVIES (U14) * Scarlet GORA (U14) * Ailsa ROBERTS (U14) * Silvia PARSONS (U14)	L&M	62.71
3				
4				
5				
6				
7				
8				

TEAMS BY AGE GROUP

U14 Girls	Points	P4P
1 Team North Cumbria ©	83.0	7,021
2 Lancaster & Morecambe AC	51.0	3,349
3 Blackpool Wyre & Fylde AC	41.0	3,613
4 St. Helens Sutton AC	32.0	3,096
5 Horwich RMI Harriers	31.0	2,906
6	-	-
6	-	-
6	-	-