

YDL 2023 UPPER AGE GROUP LEAGUE STRUCTURE - SOUTHERN (as at 9 April 2023)

Premier		Date & Venue
1	Blackheath & Bromley Harriers	SUN 25 June at Norman Park, Bromley
2	Crawley AC	SUN 30 July at K2 stadium, Crawley
3	Harrow & Dacorum ©	SUN 30 April at Jarman Park, Hemel Hempstead
4	Reading AC	SUN 28 May at Palmer Park, Reading
5	Shaftesbury Barnet Harriers	
6	Windsor, Slough, Eton & Hounslow AC	

Top 2 teams to National Final

Bottom 2 teams relegated to division 1A or 1B

Division 1A		Date & Venue
1	Bournemouth/New Forest/Salisbury ©	SUN 30 April at Kings Park, Bournemouth
2	Brighton & Hove AC	SUN 28 May at Withdean stadium, Brighton
3	Camberley & Dist. AC/Woking AC ©	
4	Portsmouth & Winchester ©	
5	South Bucks ©	
6	Team West London ©	SUN 30 July at Perrivale Park athletics track
7	Vale of Aylesbury AC	SUN 25 June at Jarman Park, Hemel Hempstead

Top team promoted to Premier division
bottom 2 teams relegated to Division 2A

Division 1B		Date & Venue
1	Basildon AC	co-host SUN 28 May at Basildon Sports Village
2	Cambridge Harriers AC	SUN 30 July at Sutcliffe Park, Eltham
3	Croydon Harriers	
4	Havering AC	co-host SUN 28 May at Basildon Sports Village
5	Medway & Maidstone AC	SUN 25 June at Medway Park
6	Newham & Essex Beagles	
7	Tonbridge AC	SUN 30 April at Tonbridge school

Top team promoted to Premier division
bottom 2 teams relegated to Division 2B

Division 2A		Date & Venue
1	Guildford & Godalming AC	25 June at Spectrum stadium, Guildford
2	Highgate Heathside ©	
3	Holland Sports AC	
4	Kingston AC & Polytechnic Harriers	SUN 28 May at Weir Archer stadium, Kingsmeadow
5	Stevenage & North Herts/HAWCS ©	30 April at Ridlins stadium, Stevenage
6	Walton AC	30 July at Elmbridge Sports Hub, Walton

top 1 team promoted to Division 1A

Division 2B		Date & Venue
1	Bexley AC	
2	Dartford Harriers	30 July at Central Park, Dartford
3	Herne Hill Harriers	
4	Team ATIP ©	
5	Team Sussex ©	30 April at Lewes Leisure centre
6	Victoria Park & Tower Hamlets AC	28 May at Mile End Park, Tower Hamlets
7	Woodford Green with Essex Ladies AC	25 June at Ashton playing fields, Woodford Bridge

top 2 teams promoted to Division 1B

© composite team

NB PROMOTION/RELEGATION SUBJECT TO POSSIBLE CHANGES TO LEAGUE STRUCTURE IN 2024